



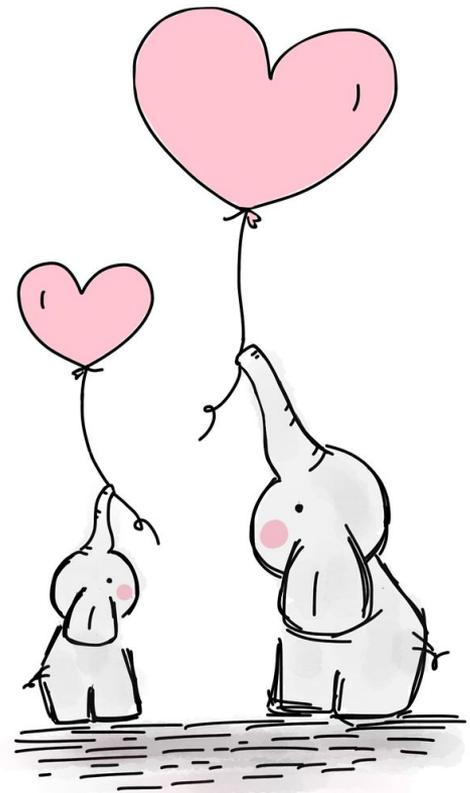
Welcome
TK Network
November 14, 2017

A spoon and a fork are formed from a pile of light-colored sand on a dark blue, textured background. The spoon is on the left, and the fork is on the right. The sand is piled up to create the shapes of the utensils, with the handles being thicker and the heads being thinner and more defined.

Enjoy some food . . .

*Reconnect with
friends . . .*

How are you?



TK Network News

<http://scoe.org/pub/htdocs/tk-network-news.html>



Agenda

- ❑ TK Bulletin Board
- ❑ KSEP Follow Up
- ❑ Biopoem
- ❑ Taking Care of Ourselves
- ❑ Supporting Our Students
- ❑ Picture Books
- ❑ Make and Take It!
- ❑ Nuts and Bolts



TK Bulletin Board

TK Classroom
Curriculum

tinyurl.com/tknetwork

Name:

Email:

School/District:

Language Arts Curriculum:

Math Curriculum:

Social Emotional Learning Curriculum:

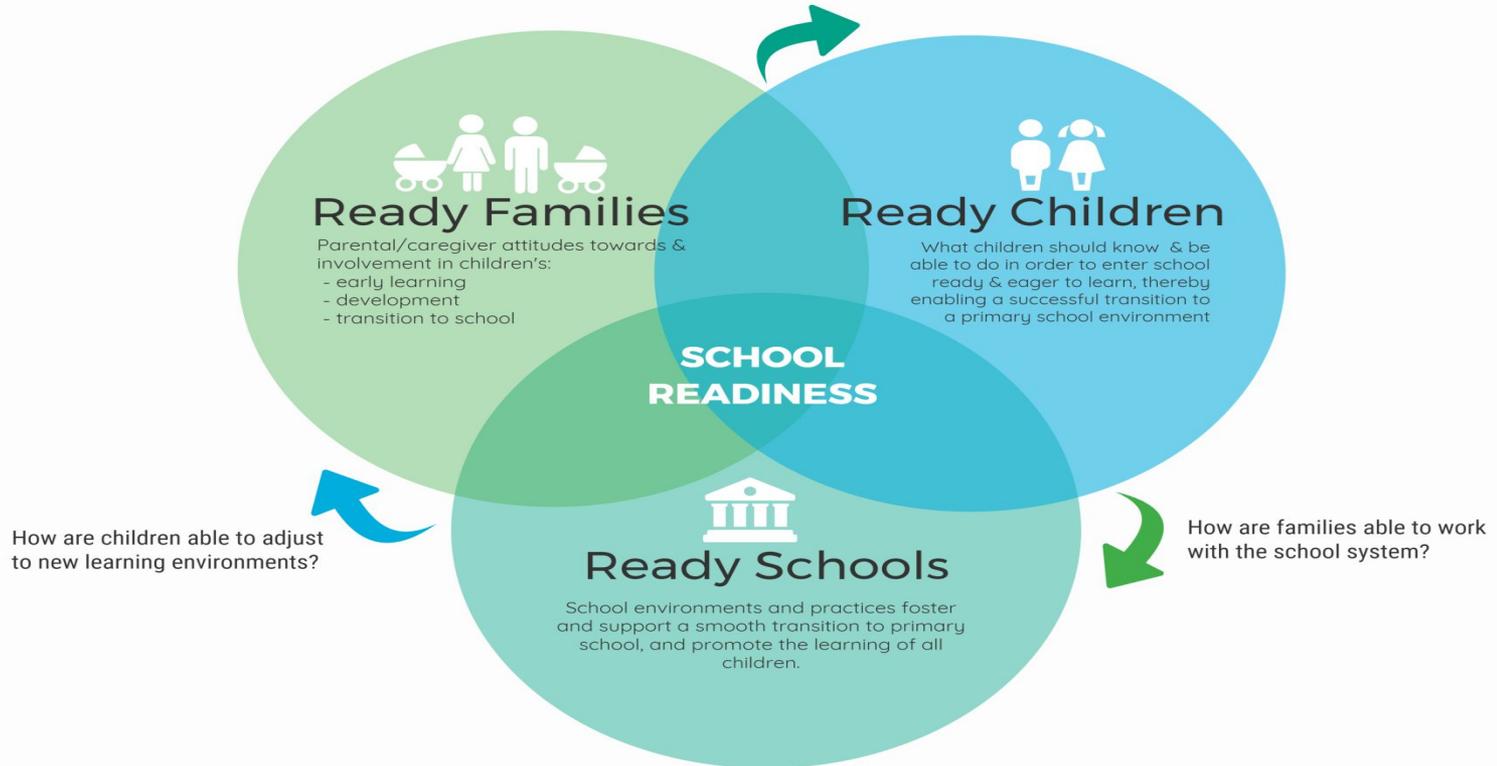
Other Curriculum Used:



FALL 2016
ASSESSMENT
OF SCHOOL
READINESS IN
SONOMA
COUNTY

What Contributes to SCHOOL READINESS?

How are schools making provisions for admitting new children into the system and creating environments, representing individual and societal diversity?



Note: Graphic adapted from School Readiness and Transitions: A Companion to the Child Friendly Schools Manual, UNICEF 2011; p. 5.

Kindergarten Student Entrance Profile (KSEP)

School Ready Knowledge Items

1. Recognizes own written name
2. Expressive verbal abilities
3. Understands numbers represent quantities
4. Writes own name
5. Recognizes colors
6. Recognizes shapes

Social-Emotional Readiness Items

1. Seeks adult help when appropriate
2. Engages in cooperative play with peers
3. Exhibits impulse control/self regulation
4. Maintains attention to tasks
5. Enthusiastic & curious about school
6. Persists with task after experiencing difficulty



Immediate Follow-Up
12-24



Monthly Monitoring
25-35



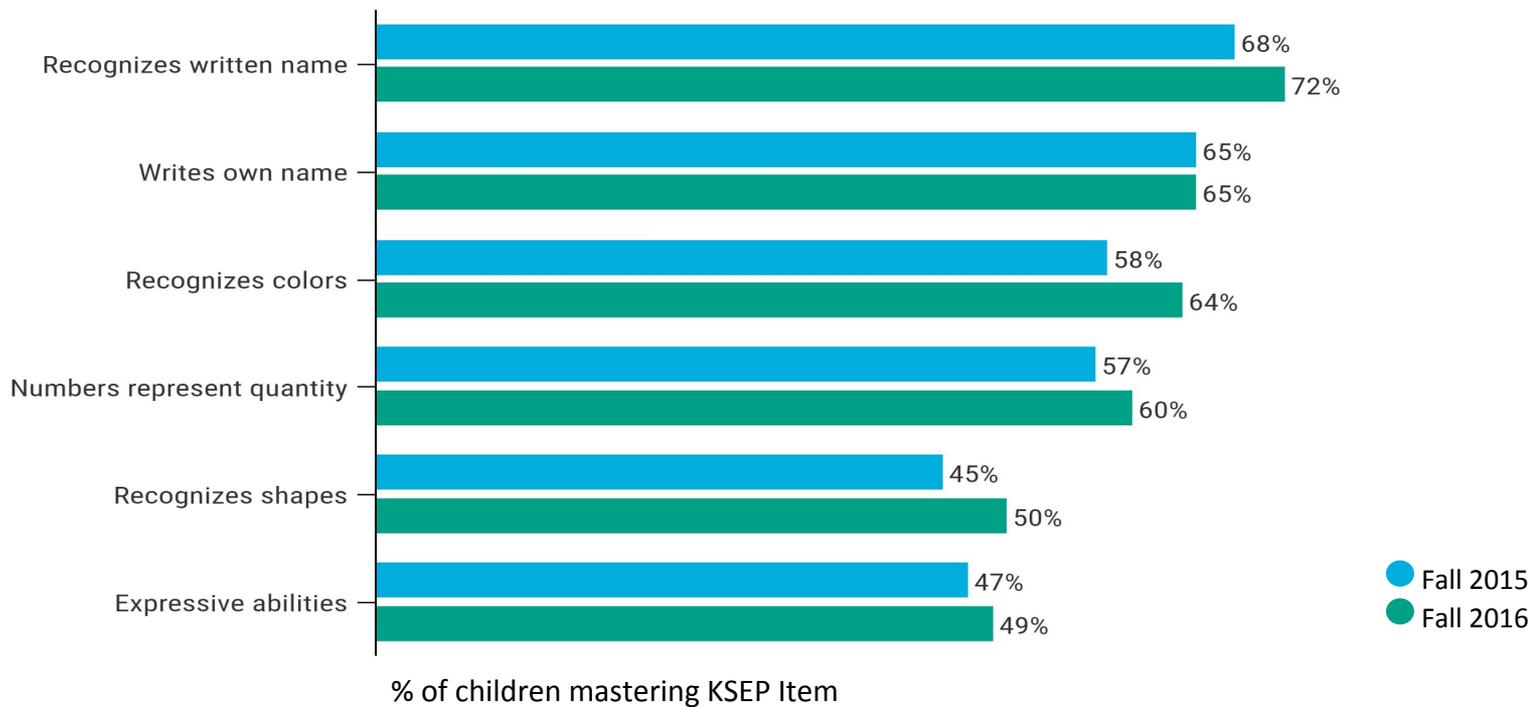
Quarterly Monitoring
36-43



Ready-to-Go
44-48

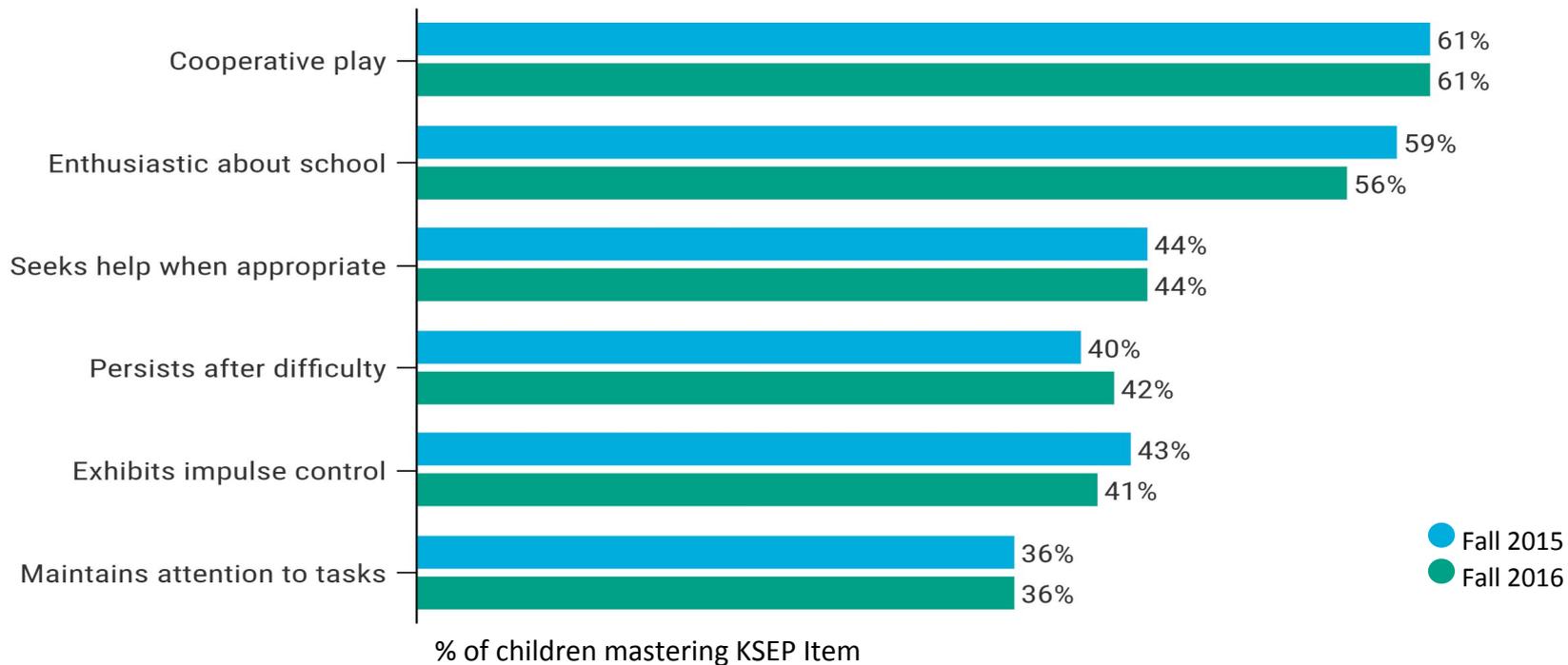


County-wide KSEP School Knowledge Item Mastery



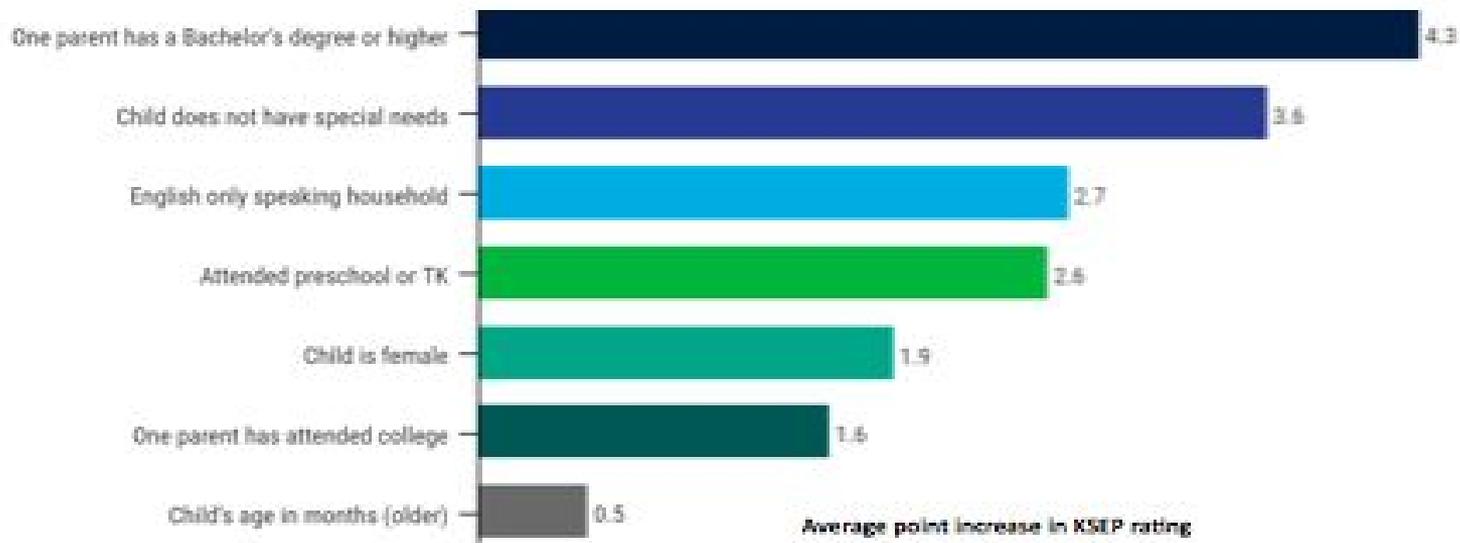


County-wide KSEP Social Emotional Item Mastery





Key Factors Influencing School Readiness Ratings



Notes: All factors from the multiple linear regression reported above were statistically significant at $p < 0.001$, with the exception of "One Parent has Attended Some College", which was significant at $p < 0.05$; *TK refers to Transitional Kindergarten; **Compared to households where neither parent has graduated high school.



Sonoma Strong

The majority of disaster-affected individuals are likely to do better if they feel safe, empowered to handle the post-disaster context, connected to others, and calmer.

U.S. Department of Veteran Affairs



Biopoem -

An invitation

(First Name)-

Son/Daughter/Child of (your parents' names)

Lover of

Who feels

Who gives

Who needs

Who fears

Who would like to see

Who lives

-(Last name)



Brulene-

Daughter of Bruce and Marlene

Lover of learning, nature, books

Who feels blessed to be where I am in this place, in this time, in this life

Who gives great presents!

Who needs connection with others

Who fears a loss of those connections

Who would like to see people look first at what we have in common

Who lives to make a positive difference

-Zanutto





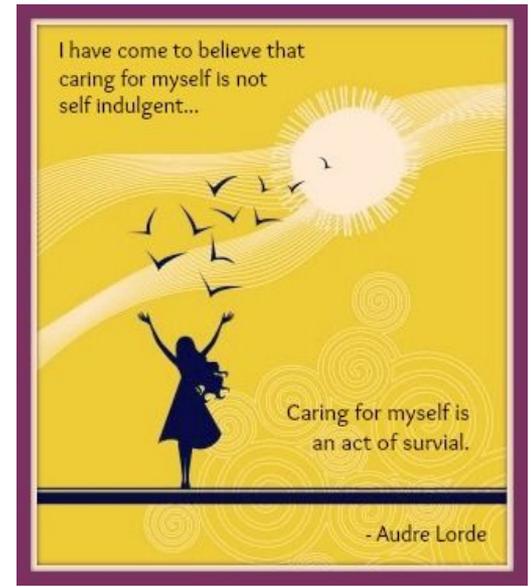
How might you use the Biopoem with adults?

With students?

How would you modify it for your setting?

Caring for Ourselves

- Talk It Out
- Find a Wellness Buddy
- Build Coping Strategies
- Establish Coming Home Strategies



HANNA INSTITUTE

at Hanna Boys Center

COME TO PRESENT TIME: Try these words: “We are safe, you are safe.”

GRATITUDE: Shift the focus to specific things you are grateful for. Choosing to bring our attention to gratitude nurtures resilience.

ACKNOWLEDGE FEELINGS: We so easily judge or disown feelings. Accepting your own feelings and those of others helps you choose how to express them in healthy ways. Some of us need to talk, and we all need to feel known and heard.

TAKE CARE OF YOURSELF: Drink plenty of water and turn off your devices when it’s time to sleep. Exercise (even walking) will help regulate your emotions by ridding the body of chemicals that cause stress. Be gentle with yourself and others—in words, actions, and reactions.

PARTICIPATE IN COMMUNITY: It’s healing to help others; reach out and check on those who mean the most to you. Connect with people and find something to laugh about.



Flipping Your Lid

Dr. Daniel Siegel

“Flipping One’s Lid”



→ Prefrontal cortex
P.F.C.
“THE WISE LEADER”



← “Flipped Your Lid”

← The big emotions, anger, fear,
anxiety etc...
The AMYGDALA - The alarm center
Acts on instinct
fight, flight or freeze

Credit: Daniel Siegel, V.D. is the creator of this metaphor
and expression “Flipped Lid”. Copyright © 2014 www.sharonSelby.com

Just Breathe





Center on the Social and Emotional Foundations for Early Learning



The Center on the Social and Emotional Foundations for Early Learning (CSEFEL) is focused on promoting the social-emotional development and school readiness of young children (birth to age 5). CSEFEL, a national research center funded by the Office of Head Start and Child Care Bureau, for supporting research and implementation practices for early childhood programs across the country.

The Pyramid Model for Supporting Social-Emotional Competence in Infants and Young Children has four developmental domains: self-regulation, forming relationships, externalizing behaviors, and prosocial behaviors. Each has associated strategies from the model to help early care, health and education providers implement the model.



State Partnerships

Visit our State page to find more information about any of our State partners or view resources and information for all States.

State Partners: California, Colorado, Florida, Iowa, Kentucky, Massachusetts, Nevada, North Carolina, Tennessee, Vermont and Wisconsin.

Stay Connected to CSEFEL, sign up for our newsletter!

 State Materials (pdf)	 For States	 For Families
 For Experts	 For Teachers/Coaches	 For Teachers/Coaches

Check out the website for the **Technical Assistance Center on Social-Emotional Inclusion (TACSEI)**

Training Opportunity: National Training Institute on Effective Practices: Addressing Challenging Behavior
 Nov 21-24, 2016, Rosemary, Florida, Meyer Center
 ATTENTION: In Florida, please learning opportunities through the Florida Social Network for Addressing the Social and Emotional Development and Challenging Behavior of young children.

Center on the Social and Emotional Foundations for Early Learning

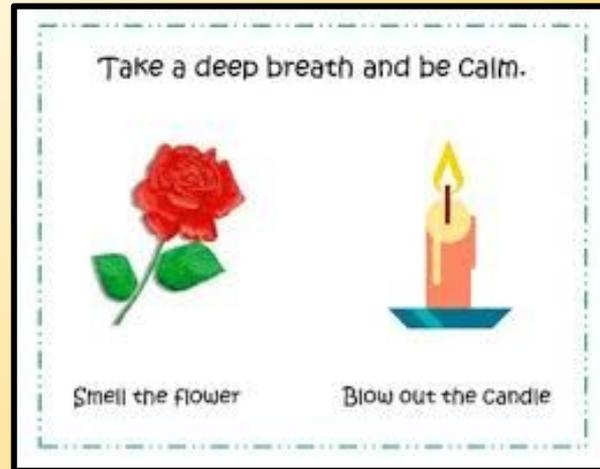
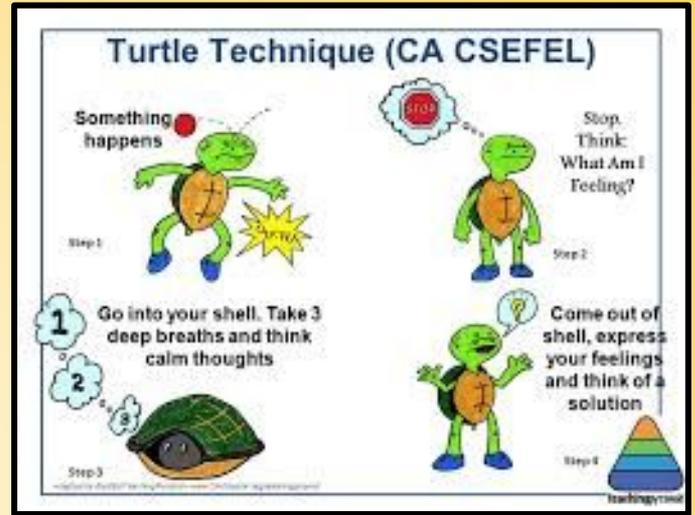
(CSEFEL)

cainclusion.org

Social Emotional Teaching Strategies

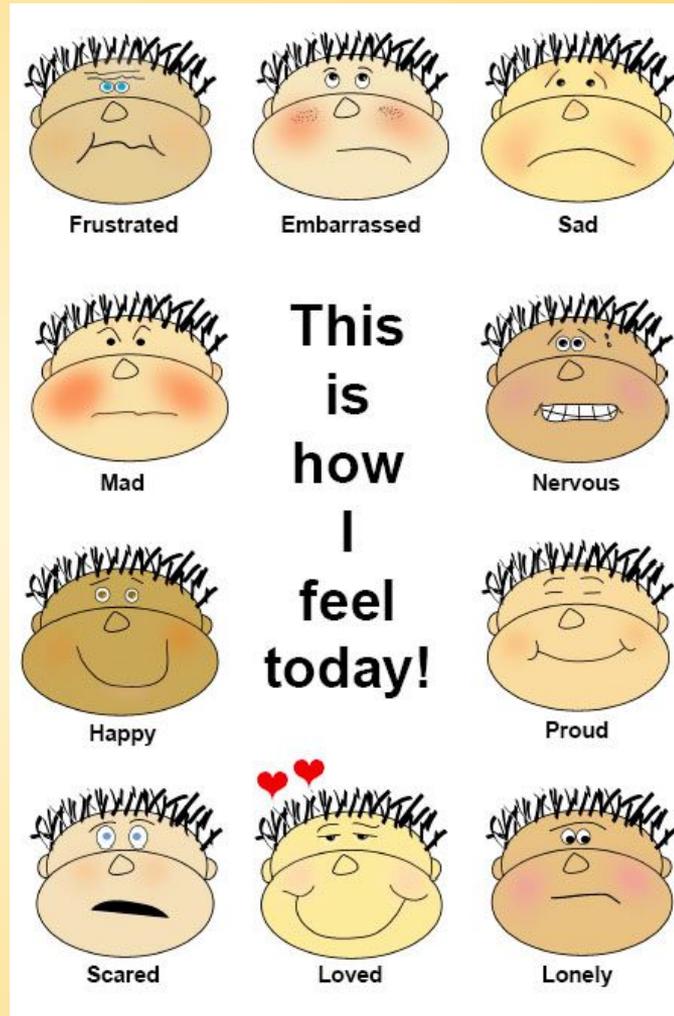
- Turtle Technique
- Breath
- Feelings Chart
- Fidets
- Book Nook

What strategies do you incorporate in your work with children?



Enhancing Emotional Vocabulary

- Feeling Words
- Activities
- Children's Books



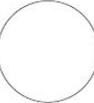
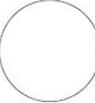
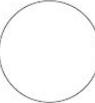
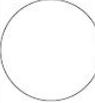
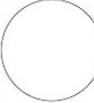
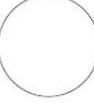
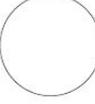
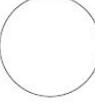
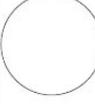
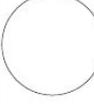
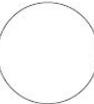
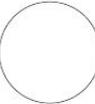
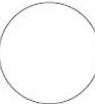
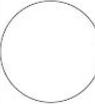
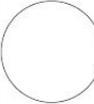


“Research shows that, even under stressful conditions, supportive, responsive relationships with caring adults as early in life as possible can prevent or reverse the damaging effects of toxic stress response”

(Center on the Developing Child at Harvard University 2016).



Hot Button Activity

<p>On each circle going across, write down the behaviors that push your buttons.</p>					
<p>On each circle going across, write down your feelings when faced with these behaviors.</p>					
<p>On each circle going across, write down the impact your feelings have on your relationship with the children who exhibit these behaviors.</p>					

What are your “hot button” behaviors?



“Every day in a hundred small ways, children ask,
“Do you see me? Do you hear me? Do I matter?”
Their behavior often reflects our response.”

L. R. Knost

How might we reframe our thinking
about those behaviors?





Sesame Workshop: Our Blog

[Comforting Children Through Stressful Times](#)

Sesame Street in Communities - videos and printables

[I Can Calm Myself Down](#)

[Care, Cope, Connect](#) Comforting and Supporting
Kids During Community Stress



The Invisible String



Patrice Karst

Illustrated by Geoff Stevenson

Copyrighted material

“The Invisible String is a simple story that reminds children and adults they are never truly alone. Specifically written to calm a child’s fear of being apart from the ones they love.”

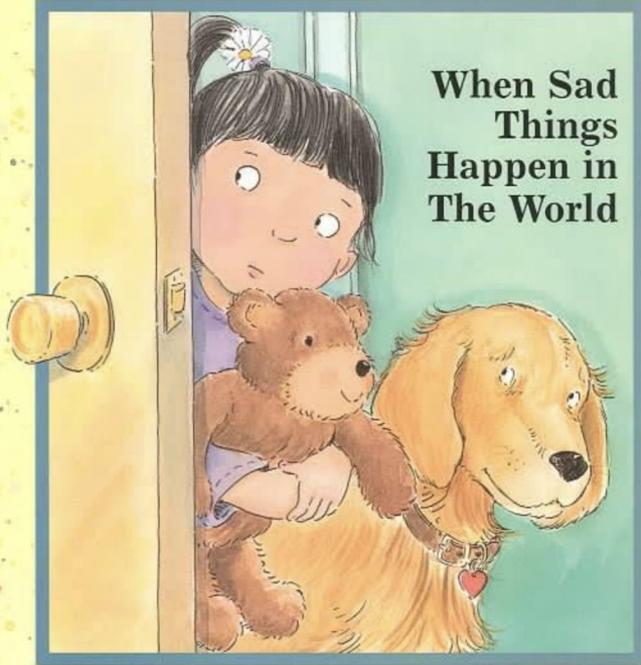
A Terrible Thing Happened



By Margaret M. Holmes Illustrated by Cary Pillo

“Sherman saw the most terrible thing happen. At first he tried to forget about it, but soon something inside him started to bother him. He felt nervous for no reason. He had bad dreams. Then he met Ms. Maple, who helped him talk about the terrible thing that he had tried to forget. Now Sherman is feeling much better.”

Jenny Is Scared!



When Sad
Things
Happen in
The World

by Carol Shuman • illustrated by Cary Pillo

“Jenny and her brother are scared! The TV has played news all morning. Jenny’s piano lesson was canceled, and Mom and Dad forgot to make lunch. Jenny and Sam want to know what’s going on and how not to be so scared and Mom and Dad can help.”

Once I Was Very Very Scared

by Chandra Ghosh Ippen
illustrations by Erich Ippen jr.



“Lots of little animals go through scary experiences, but they react in different ways. They need help, and they get help from grown-ups who help them feel safe and learn ways to cope with difficult feelings.”

THE BAD MOOD AND THE STICK



LEMONY SNICKET
ART BY MATTHEW FORSYTHE

Copyrighted material

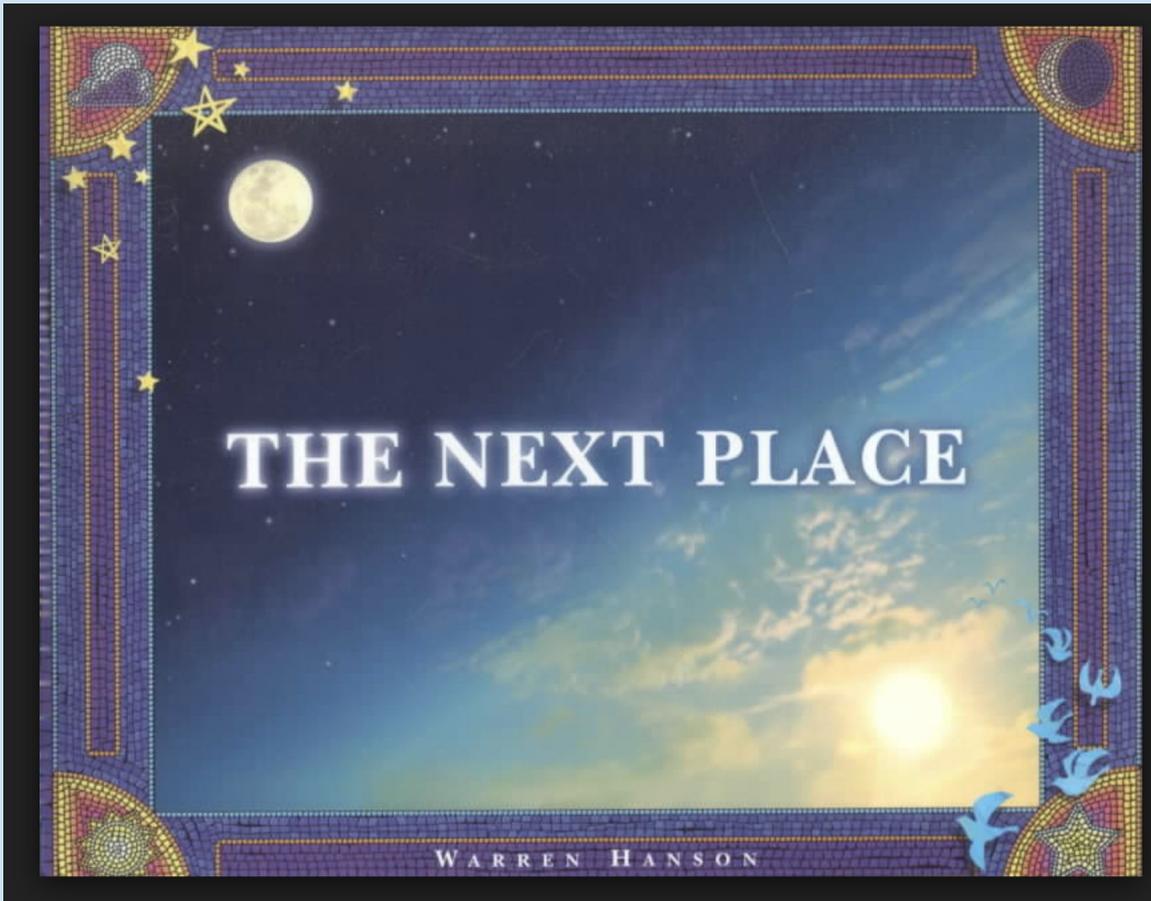
“Once there was a bad mood and a stick.

The stick appeared when a tree dropped it.

Where did the bad mood come from?

Who picked up the stick?

And where is the bad mood off to now?”



“The *Next Place* is an inspirational journey of light and hope to a place where earthly hurts are left behind.”

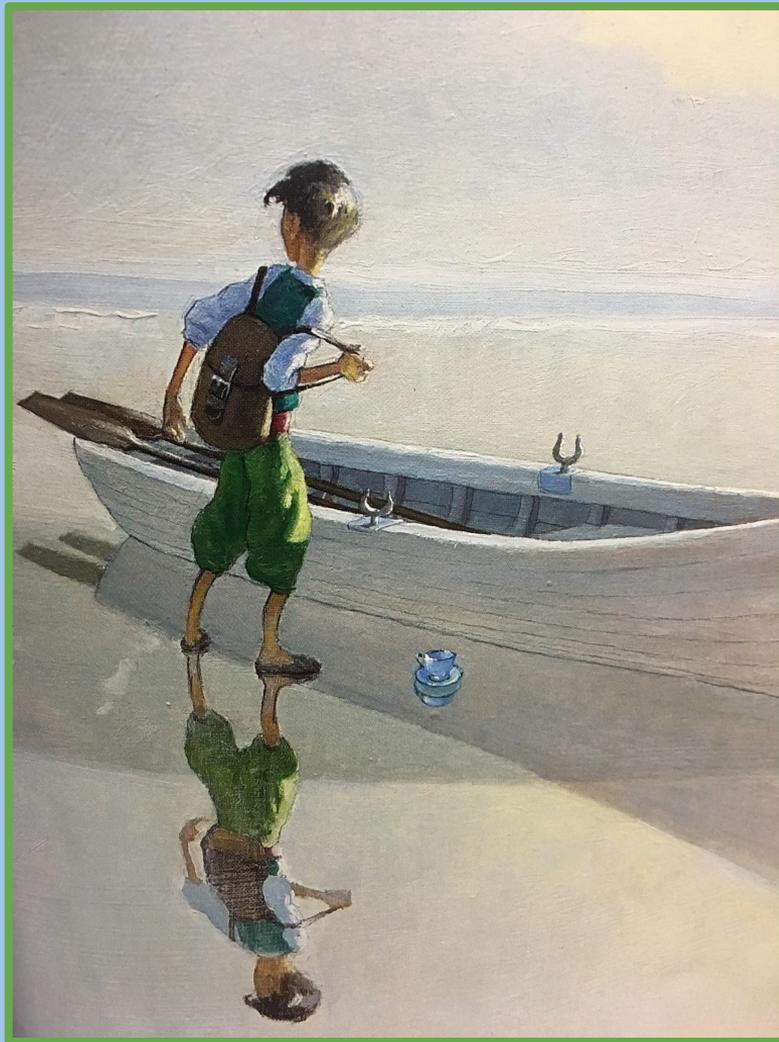
TEACUP

Rebecca Young

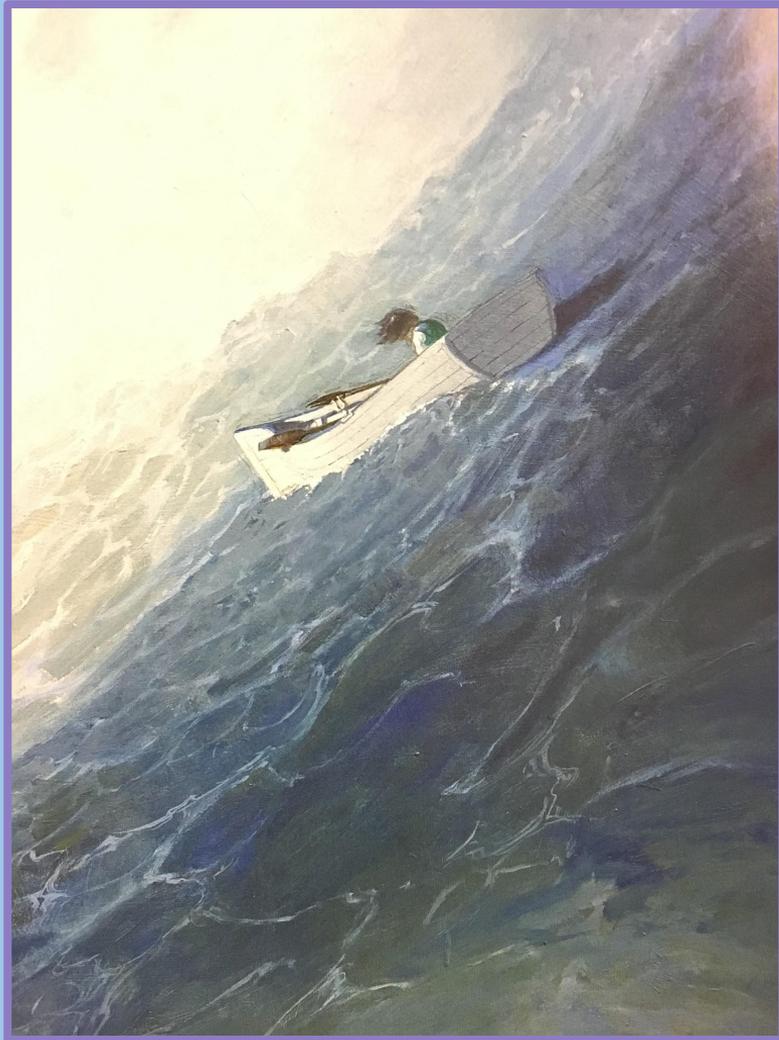
Matt Ottley

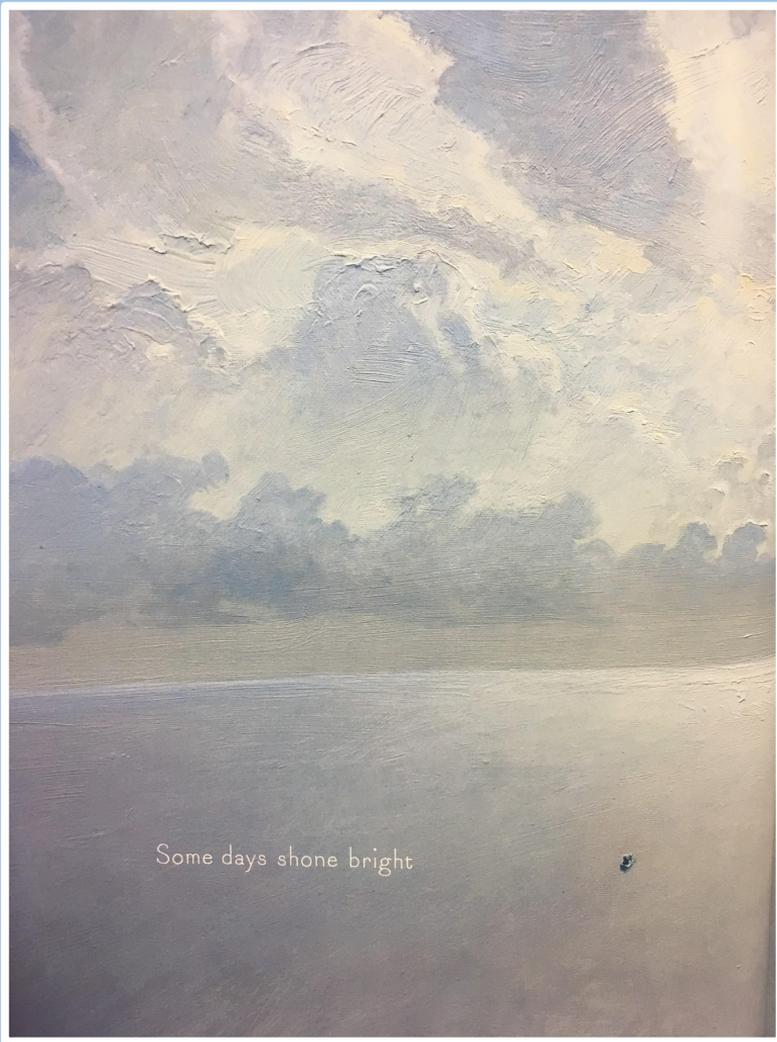
Teacup

Rebecca Young
Matt Ottley

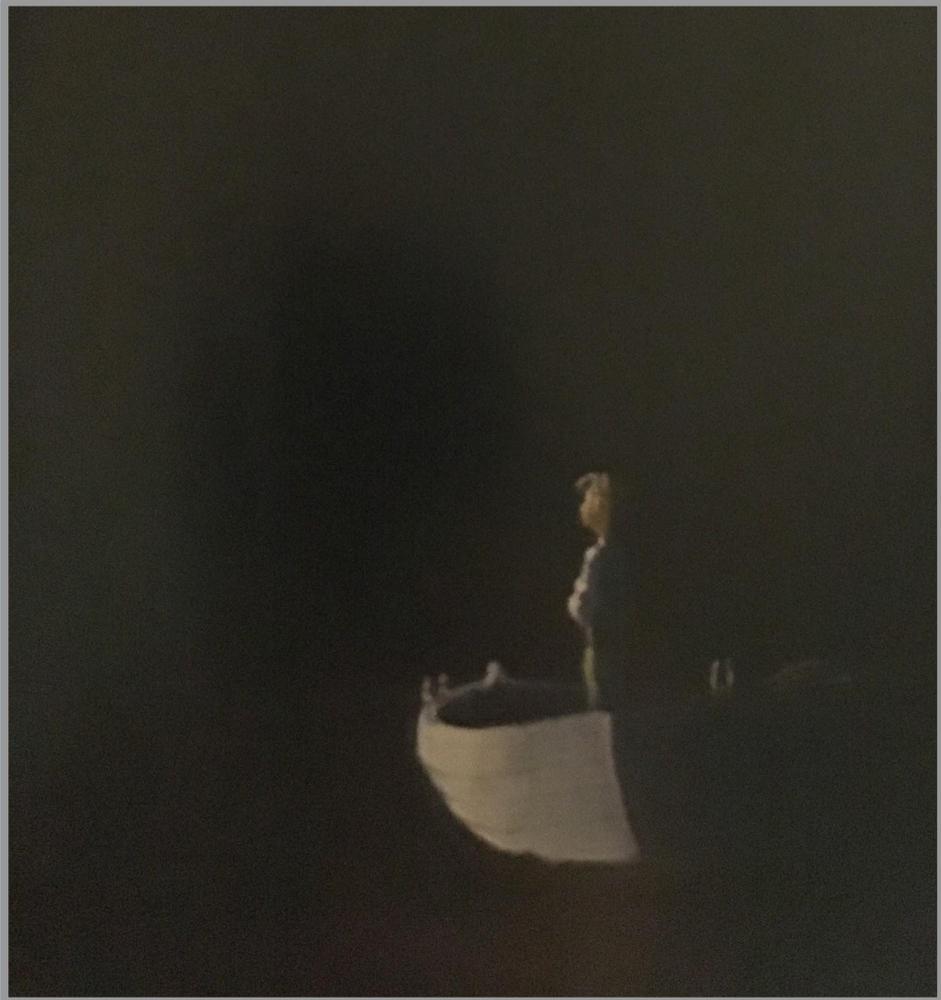








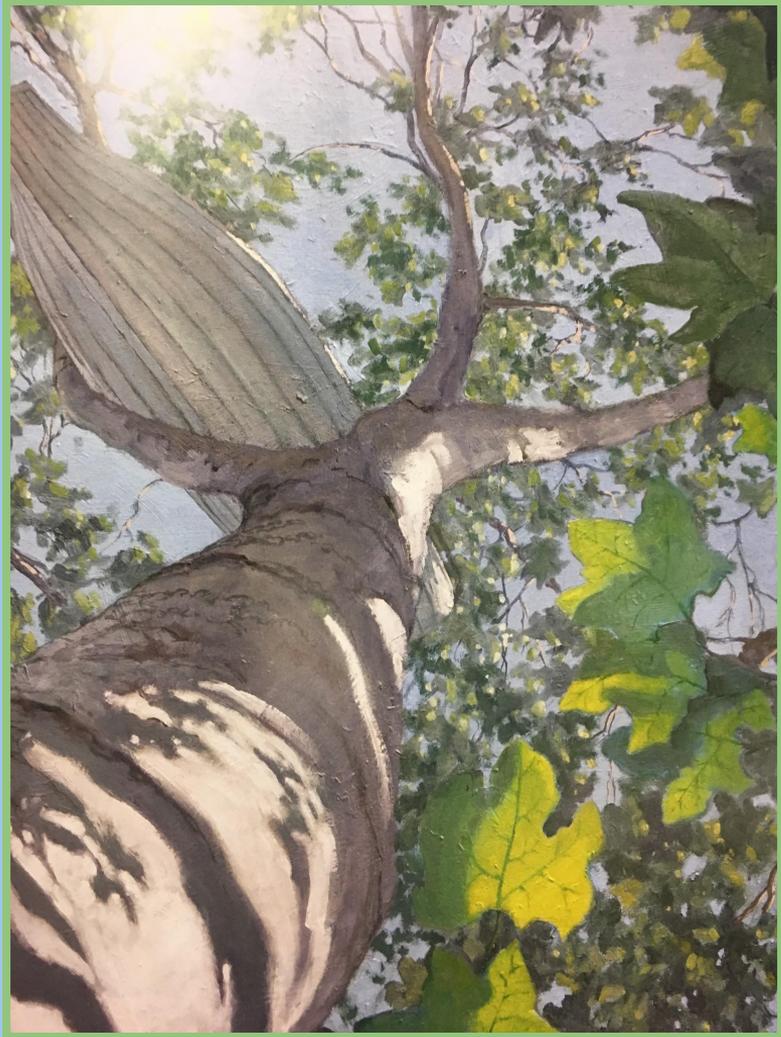
Some days shone bright

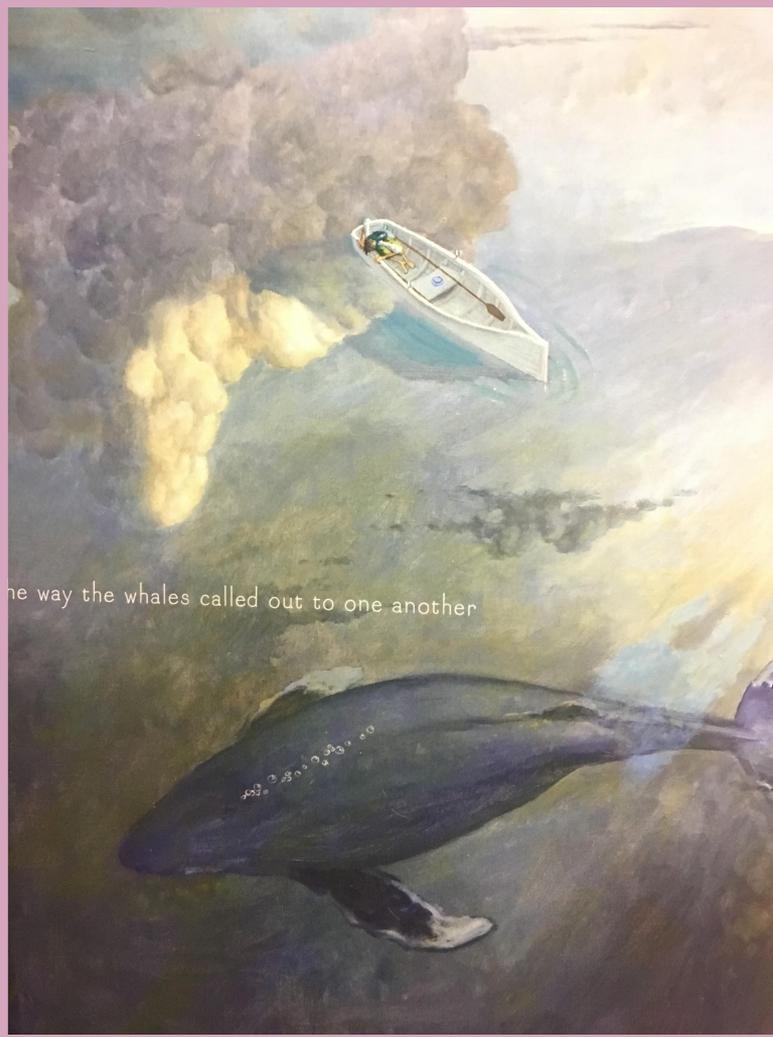




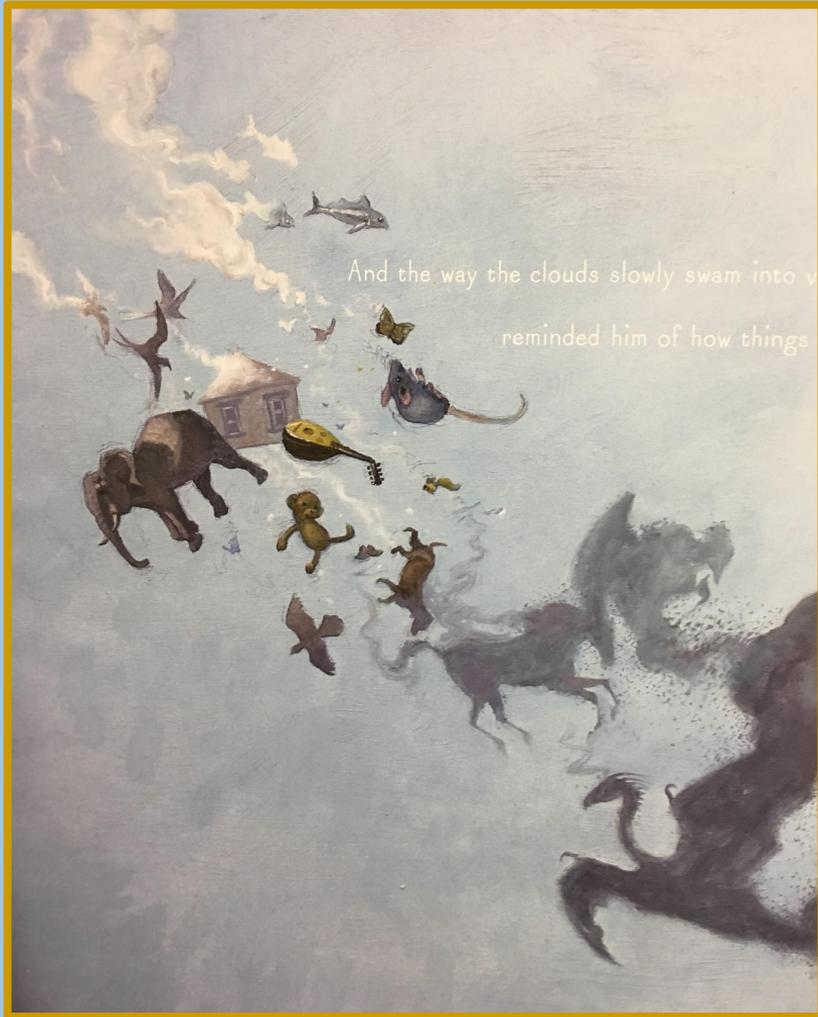
nto something glorious.





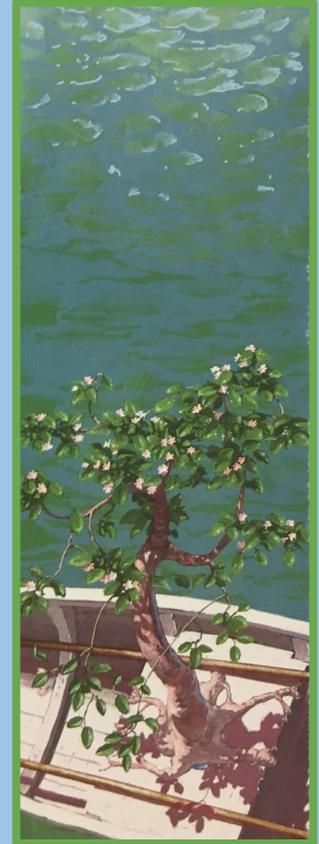


the way the whales called out to one another



And the way the clouds slowly swam into view
reminded him of how things







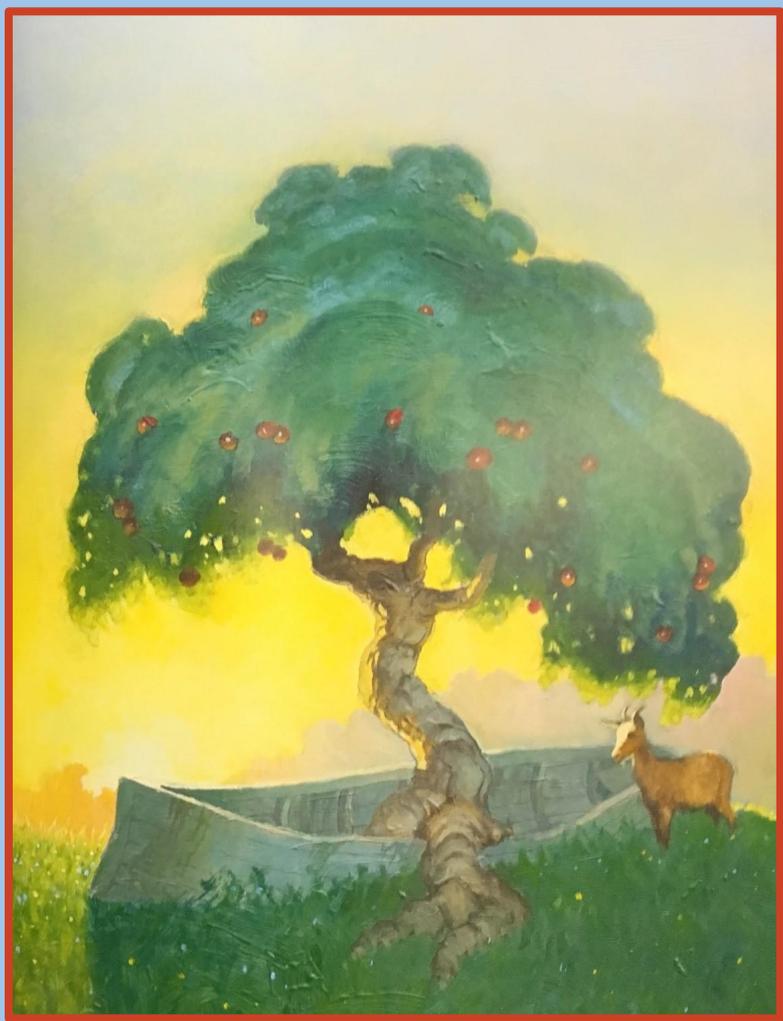
From high . . .

re very small

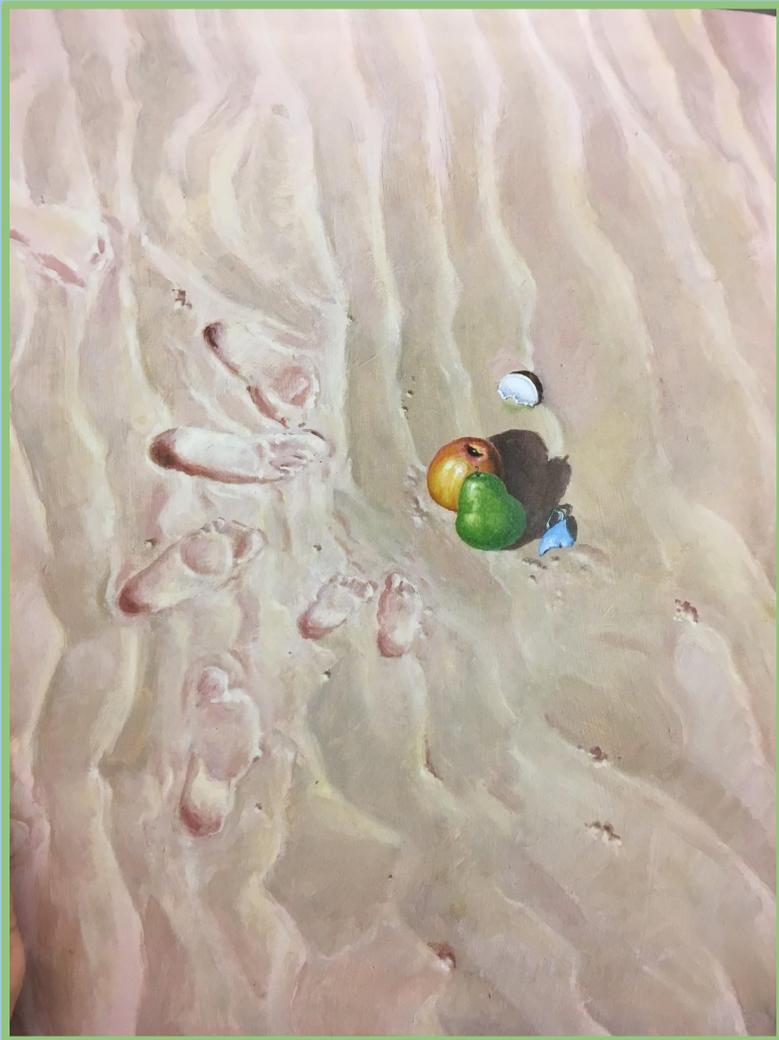
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re long,



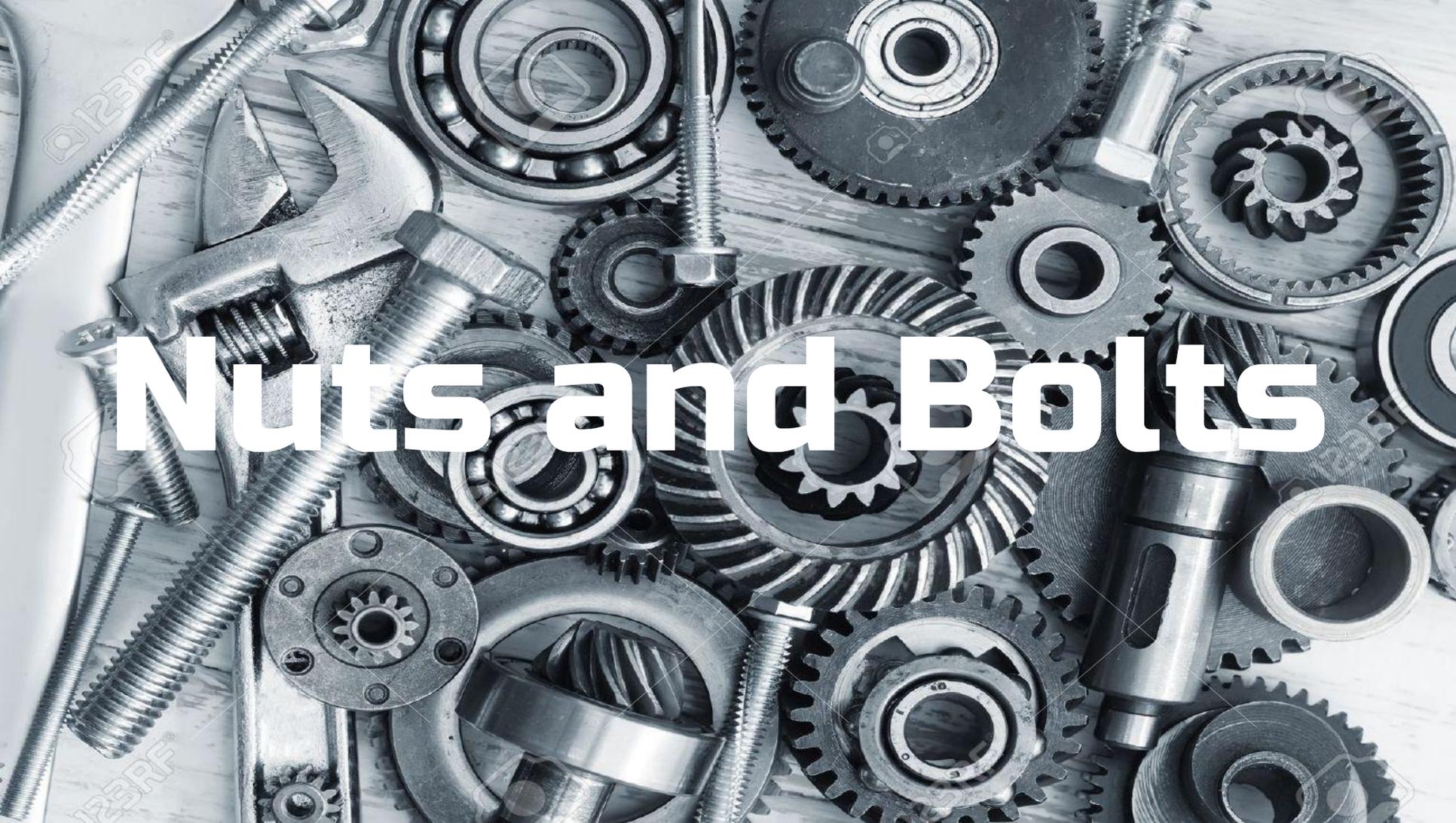




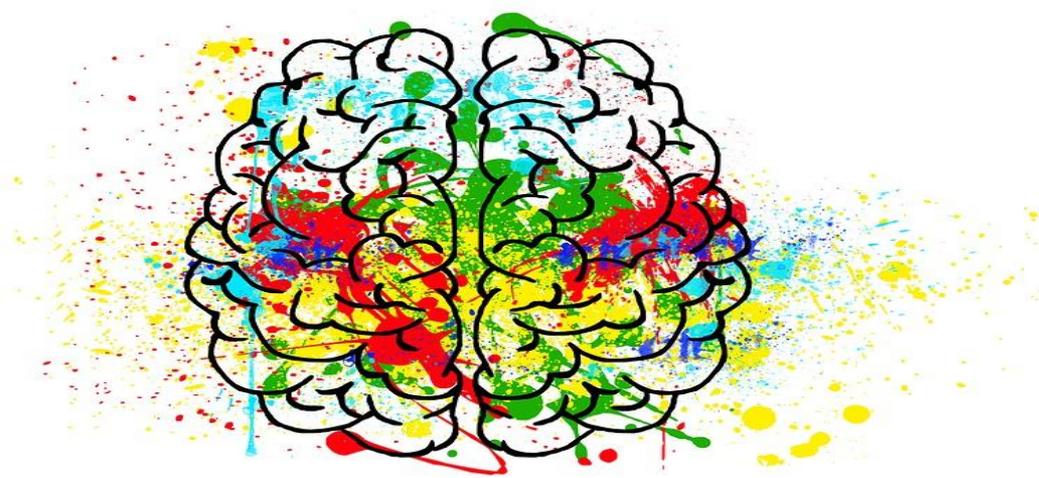


Make and Take Gratitude Mobiles





Nuts and Bolts



Making For Young Learners

Supporting Language and Literacy for All Students

November 30th 4:30 - 6:30

Preschool & TK

SCOE

Lines and Shapes
Integrating Visual Art & Geometry
Preschool/TK - 2nd Grade

December 15th
8:30 - 11:30

\$45 + \$5 for supplies

Helen Lehman Elementary School
1700 Jennings Ave.
Santa Rosa

[Luther Burbank Center For The Arts](#)





SANTA ROSA
JUNIOR COLLEGE

Spring 2018 Class Opportunity

Working Through Stress and Loss with Children & Families

Tuesday, 6:30 - 9:30

Instructor Claire Beery

Section 5263

Register at [SRJC](#)



CKA presents the 36th annual
**CALIFORNIA KINDERGARTEN
CONFERENCE**

For Pre-K, TK, K and 1st Grade Educators
The *original* conference *for* teachers *by* teachers

JANUARY 12-14, 2018 • HYATT REGENCY, SANTA CLARA



[Californiakindergartenconference](#)

Foundations for Young Learners: A Teaching Symposium

- ✔ Social Emotional Development - Sept 14th and 27th, 9-3
- Supporting English Language Learners - A condensed session at the January 24th TK Network meeting
- Language and Literacy - Nov 8th and Dec 5th, 9-3

Future topics may include . . .

- Math
- Science/NGSS
- Physical Development

Apply Now for Sonoma CARES Quality Counts 2017 - 2018!

Sonoma CARES Quality Counts is now accepting applications for the 2017-2018 program year on a first-come, first-served basis. Sonoma CARES Quality Counts will be limited to the first 140 applicants!

Priority will be given to educators working in sites that are participating in the QIRS Quality Counts Program. In order to be considered for the program, please follow the steps listed on this page:

www.scoe.org/cares

Changes to the Sonoma CARES Quality Counts Program

- The stipend structure for the 2017-2018 Program have changed as follows:
 - \$100 per unit for all ECE units
 - \$200 per unit for GE, ESL, or Basic Skills units
 - \$300 per unit for BA level classes completed when enrolled in a BA program
 - \$500 degree attainment bonus
- Participants will only be required to meet with an advisor ONCE per program year anytime during Summer, Fall and Spring semesters between 7/1/17 and 6/30/18
- Stipend maximum is \$2000 for the program year.
- **NOW ACCEPTING TK TEACHERS.**

Transitional Kindergarten Online Professional Learning Modules For Teachers & Administrators

www.tkplonline.org

- FREE
- Online
- Developmentally Appropriate Strategies
- Topics Include:
 - Social Emotional Development
 - Language and Literacy
 - Mathematics
 - Supporting English Language Development
- CEUs available



Two studio lights with softboxes are positioned on either side of the text, casting a warm glow. The background is a dark blue gradient.

TK Network 2017 - 2018

~~September 12, 2017~~

~~November 14, 2017~~

January 24, 2018

March 13, 2018

May 8, 2018

TK Network News

<http://scoe.org/pub/htdocs/tk-network-news.html>



SEE YOU

NEXT TIME