

CSU Mentor and California Colleges

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The California State University

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CSUMentor

SAT code for CSU Mentor is 3594

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CSUMentor: How to plan for and apply to the California State University Today is Monday, Nov



COLLEGES

now's the time to...
apply online

- Apply Now - It's easier online
- Still accepting applications?
- Get an early estimate of your Financ



plan

Use powerful planning tools to help make your path into college a clear and easy one. Learn about:

- Admission requirements
- Financial aid options
- Cost to attend



explore

With 23 great campuses there is certainly one that is right for you. Use these tools to explore your choices:

- Take a virtual campus tour
- Compare colleges
- And more!



It's quicker and easier to apply o your CSU application here, and I about the application process.

- Apply today
- Is your campus still accept applications?

For more information about the CSU, please go to www.calstate.edu [Privacy Policy](#)

Activity 1.12 (2 of 2)

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getting started at CaliforniaColleges.edu

Select your role below:

STEP 1

- HIGH SCHOOL STUDENTS
- COLLEGE TRANSFER STUDENTS
- CALGEARUP CLEARINGHOUSE MEMBERS

welcome new users

Not sure where to start?

CaliforniaColleges.edu is a powerful, open-ended site rich with content that makes finding and applying to a school in California a snap.

Just click on a role to the left to learn more about what each section of the site can do for you.

Note: New roles will be added in the future for middle school students, graduate students, parents, counselors and teachers.

log on

username:

password:

create account

If you're a first-time user, please create a free account. You may create a normal or anonymous user account.

login problems?

Can't log on? Forgot your username or password? [Click here for help.](#)

What can we do to better meet your needs? Give your feedback on a brief survey!

Use the survey to help us improve the site and meet your needs. Learn more.

- Review requirements
- Financial aid options
- Get to attend

For more information about the CSU, please go to www.calstate.edu

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3. Exploration

Distribute information on UC, CSU, and California Independent Colleges (Activity 1.13) to read and discuss; these materials should then be stored in the students' "crates."

Have students explore the Web on the UC Pathways, CSU Mentor, and California Colleges Web sites (Activities 1.14/1.16). The latter site is an easy-to-use "one-stop" source for college planning and provides vital information for parents, students, educators, and counselors.

Invite college representatives to make presentations to the students. Make sure students practice asking questions (Activity 1.15) prior to these visits.

Begin planning for the second semester of college campus visits by contacting the admissions offices at local colleges and universities. (Counselors may be helpful with this.) Use PSAT and PLAN career interest results and other materials (Activity 1.17) to help students narrow their scope of interest for potential majors.

Have a panel of AVID graduates discuss their transition to college.

Timeline

September–November: Presentations by college representatives.

October–December: College exploration on the Web (UC Pathways, California Colleges, and CSU Mentor sites).

January: AVID graduate panel.

Activities/Materials

Activity 1.13 "California Independent Colleges & Universities Are...": This handout presents information from the Association of California Independent Colleges and Universities guide. Although the guide is no longer being printed, it can be found online at www.aiccu.edu.

Teacher Information: *Review this sheet with your class; discuss independent colleges and universities as viable options for AVID students. Tuition costs often do not tell the entire (financial) story; independent colleges usually provide additional financial aid to offset the increased cost of tuition. **This is an important fact to emphasize with your students.** The online booklet also provides a brief overview of each of the state's private schools.*

Activity 1.14 "Web Sites for the AVID Elective": This handout provides Web sites that are especially helpful during the college exploration process.

Teacher Information: *A trip to the computer lab at this time would be especially valuable for students. Have them visit different Web sites and then share their results with classmates.*

Activity 1.15 "Things to Ask the College Representative or Admission Officer": This handout prepares students for informational classroom visits.

Teacher Information: *Have students practice asking these questions in class so they will be ready when college representatives visit your school.*

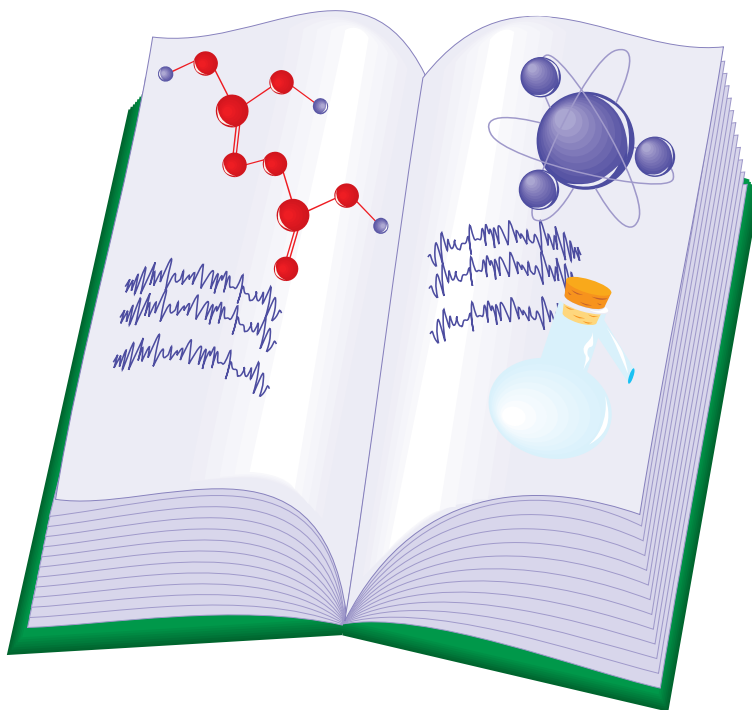
Activity 1.16 "University of California—Pathways": This Web site (<http://www.ucop.edu/pathways>) allows students to explore the University of California and begin their college application.

Teacher Information: *Students can learn about the UC system at this site, but will not be able to complete an application until October 1 of their senior year. A good reference for AVID teachers; counselor informa-*

tion is updated yearly.

Activity 1.17 “Exploring College Majors”: Included here is a “World of Work” map that shows potential majors students may want to explore.

Teacher Information: This handout, which explains the PLAN interest survey results, may provide keys to areas of student interest. Encourage students to take additional interest surveys as they encounter them on the Web; your career counselor can also help students determine aptitude and interests. Visit www.act.org/college_search for additional information.



California Independent Colleges & Universities are...

diverse...

Over 233,000 students

- 57% Female
- 43% Male
- 39% Ethnic Minorities
- 20% Transfer Students
- 7% International Students
- 25% Part-Time Students

unique...

Seventy-six schools offer over 350 different degrees

- 34 Liberal arts colleges
- 16 Comprehensive universities
- 5 Research universities
- 13 Specialized arts and sciences colleges
- 33 Faith-related institutions
- 33 Colleges and universities with programs for working adults
- 9 Free-standing graduate and professional schools
- 3 Single-gender colleges
- 2 Two-year colleges

individualized...

- Small classes are taught by professors, not by teaching assistants.
- Each admission application is personally reviewed.
- Personal attention is given to every student to ensure their success in college and in life.

Sample Financial Aid Packages for Freshmen Attending Independent Colleges

	<i>Student 1</i>	<i>Student 2</i>	<i>Student 3</i>
Student and Family Income	\$0-\$24k	\$24k - \$48k	\$48k - \$72k
Family Assets	\$0	\$2,000	\$10,000
Total College Cost	\$27,465	\$27,465	\$27,465
Student/Family Contribution	\$1,350	\$4,250	\$14,895
Financial Need	\$26,115	\$23,215	\$12,570
Grants/Scholarships Awarded	\$20,115	\$17,215	\$6,570
Loans/PT Employment	\$6,000	\$6,000	\$6,000
Total Aid Awarded	\$26,115	\$23,215	\$12,570

affordable...

- Nine out of ten students receive some form of financial aid.
- The average financial aid package is almost \$19,000.

...and offer on-time graduation!

Students are able to take the classes they need when they need them.

Students who attend independent colleges tend to graduate one or more years earlier than students who attend public colleges. The sooner they graduate, the quicker they can enjoy life!

Explore financial aid — then apply!

• www.FinAid.org — a comprehensive view of financial aid sources.

• Call the California Student Aid Commission (888/224-7268) to learn about the Cal Grant program for academically deserving and financial needy students, or log on to www.CSAC.ca.gov

• Fill out the Free Application for Federal Student Aid (FAFSA), available at local high schools, college campuses, public libraries, the Federal Student aid information Center (800/4-FED-AIC), and on the web at www.fafsa.ed.gov.

• www.CaliforniaColleges.edu/CollegeGoalSunday — for assistance in filling out the FAFSA.

Some independent colleges require a supplemental financial aid form and have their own submission deadlines.

High school and college admissions counselors and college financial aid administrators can help with important information, deadlines, and financial aid applications.

Learn More...

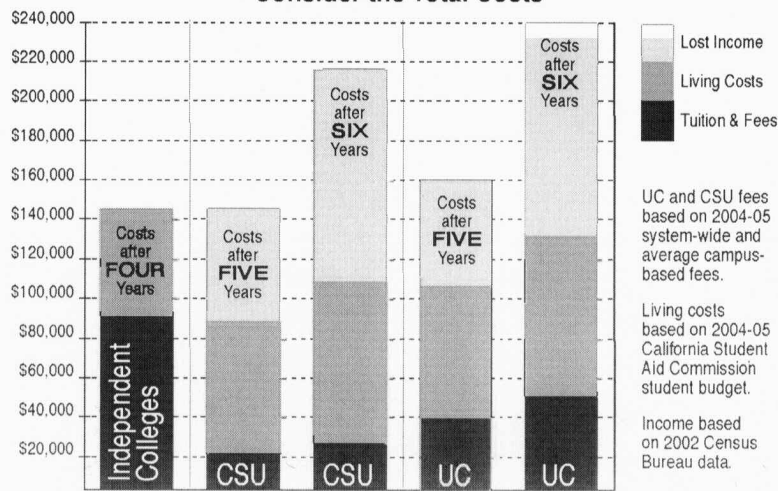
• www.aiccumentor.org — An informative, easy to use, interactive search tool with links to California independent colleges.



Association of Independent California Colleges and Universities

1100 Eleventh Street, Suite #10 Sacramento, CA 95814
916/446-7626 • Fax: 916/446-7948 • aiccu@aiccu.org

At Independent Colleges more Students Graduate Sooner — Consider the Total Costs



Web Sites for the AVID Elective

AICCU www.aiccu.edu

The Association of Independent California Colleges and Universities (AICCU) represents 76 schools; its Web site includes online applications.

ACT www.act.org/

Provides information on all tests and products produced by ACT, as well as great college info.

America's Career Info Net www.acinet.org/

Find wage and employment trends, occupational requirements, state-by-state labor market conditions, millions of employer contacts nationwide, and the most extensive career resource library online.

California Colleges www.californiacolleges.edu/

This easy-to-navigate Web site is rich with content that makes finding and applying to a school in California a snap; offers dozens of sections on essential aspects of college (finding the school that best meets your interests, financial aid, transferring units, etc.).

Campus Tours www.CampusTours.com/

Virtual tours to hundreds of colleges and universities.

College Board Online www.collegeboard.com/

The College Board Web site provides information on all tests and products produced by College Board, as well as great college info.

College Link www.collegelink.com/

Comprehensive college search and applications.

College Net www.collegenet.com/

Identify schools based on criteria such as location, size, degree programs, etc.; provides links to individual college Web sites.

College View www.collegeview.com/

Career, college, and financial aid information, as well as virtual college tours.

Common Application www.commonapp.org,

Common college application for 255 selective, independent colleges and universities.

CSU Mentor <http://csumentor.com>

Comprehensive site for the California State University system; includes online applications.

Educaid www.educaid.com

Provides financial aid information. Educaid is one of the top ten education lenders.

Activity 1.14 (2 of 3)

FAFSA www.fafsa.ed.gov/

Free Application for Federal Student Aid; this is THE site to apply for financial aid online!

Fast Web fastweb.com/

Free scholarship and college search service.

Fed Money www.fedmoney.org/

FedMoney.org is a comprehensive FREE, full-text, online resource on all federal government student financial aid programs. Here you will find detailed and up-to-date information about (1) who can apply, (2) how to apply, (3) full contact info, and much more...for over 130 government loans and grants (scholarships, fellowships, traineeships) related to education!

FinAid www.finaid.org/

Comprehensive site for the National Association of Student Financial Aid Administrators.

HACU www.hacu.net/

HACU (Hispanic Association of Colleges and Universities) represents more than 300 colleges and universities committed to Hispanic higher education success in the U.S., Puerto Rico, Latin America, and Spain.

HBCU-central www.hbcu-central.com/

The Web site for historically Black colleges and universities.

IPEDS

IPEDS (The Integrated Postsecondary Education Data System) is a comprehensive system designed to encompass all institutions and educational organizations whose primary purpose is to provide postsecondary education. The IPEDS system is built around a series of interrelated surveys that collect institution-level data in such areas as enrollments, program completions, faculty, staff, and finances.

Jewish Student Life www.hillel.org/

Extensive resources for Jewish students.

Kaplan www.kaplan.com/

Test prep and college comparison information.

NCAA www.ncaa.org

The National Collegiate Athletic Association Web site.

Number2Pencil <http://www.number2pencil.com/>

Helps prepare students for the ACT or SAT; also provides information on scholarships and college searches.

Petersons www.petersons.com/

Information about colleges and universities, career schools, graduate programs, distance learning, executive training, private secondary schools, summer opportunities, study abroad, financial aid, test preparation, and career exploration.

Activity 1.14 (3 of 3)

Princeton Review www.review.com/

Information on colleges and universities, careers, and test preparation.

Scholarship 101 www.scholarships101.com

The award-winning “Scholarship 101” is now on the Web. It has a database of more than 600,000 awards, as well as information on federal and state programs.

Schools in the USA www.SchoolsintheUSA.com

Students can use this site to research schools, review admission requirements, and request application materials; provides direct links to university Web sites.

Test Prep www.powerprep.com

Helps students prepare for the ACT or SAT.

The Homework Assistance Page www.geocities.com/ivonebl/

Designed to assist the AVID teacher and students in all subject areas; the college link provides instant access to great sites.

UC www.universityofcalifornia.edu/

Comprehensive site on the University of California system.

UC Pathways www.ucop.edu/pathways/

UC information, an online application, and a message center.

What Can I Do With a Major In...? www.uncwil.edu/stuaff/career/majors/

A wonderful career-guidance site by the University of North Carolina.

Wired Scholar www.wiredscholar.com

Information on financing one’s education.

Xap Corporation www.xap.com/

Guides students through all stages of preparing for college (comparison, selection, application, admission, financial aid).

Yahoo! education.yahoo.com/

Comprehensive site that includes college search, test prep, college survival, and college news.

Things to Ask the College Representative or Admission Officer

- A. Why do students leave? _____
Why do students stay? _____
- B. What is the social life like? _____
Student government _____
In the dorms _____
In the community _____
- C. What athletic programs are available?
Interscholastic _____
Dorms or clubs? _____
Intramurals? _____
- D. What about residence life?
Must freshmen live in the dorms? _____
What are the options? _____
(Coed? Single sex?) _____ Number of students per room? _____
Availability of off-campus housing? _____
- E. What is the campus like (appearance, size, distance between classes)? _____

- F. What is the area surrounding the campus like (availability of cultural activities, shopping)? _____

- G. What is the availability of food (cafeteria, other on-campus, close-by)? _____

- H. Do you have an orientation program? _____

Activity 1.15 (2 of 2)

- I. Do you have a summer bridge program? _____
- J. How will my advisor be assigned? _____
- K. What type of grading system is used? _____
- L. What are the strongest, most unique, and/or alternative academic programs available? _____

- M. Is it OK to have an undeclared major? Dual major? Change of major? _____

- N. What is a realistic teacher-student ratio? _____
How large are the largest freshmen classes? _____
Are there many TAs? _____ What is the accessibility of regular faculty (office hours)? _____

- O. How important is the essay? Recommendation letter? Other parts of the application? _____

- P. What kinds of helping programs (personal/academic/substance abuse counseling)? _____

- Q. What kinds of transportation are available (to the city or town, from the terminal to the school)? _____

- R. What is the availability of financial aid? _____
- S. What resources or facilities are available to support my major? _____

Activity 1.16

UNIVERSITY OF CALIFORNIA — PATHWAYS

Welcome to PATHWAYS, the University of California's undergraduate admission information and application net

For Students

[Undergraduate Admissions](#)

Our new site offers a wide range of information about UC applications and admission.

[Introducing the University \[PDF\]](#)

[Answers for Transfers \[PDF\]](#)

For Counselors

[UC Notes \(formerly *California Notes*\)](#)

Information for counselors and others who advise students about undergraduate education and admission. *UC A* published monthly September through May, except January.

[Quick Reference for Counselors \[PDF\]](#)

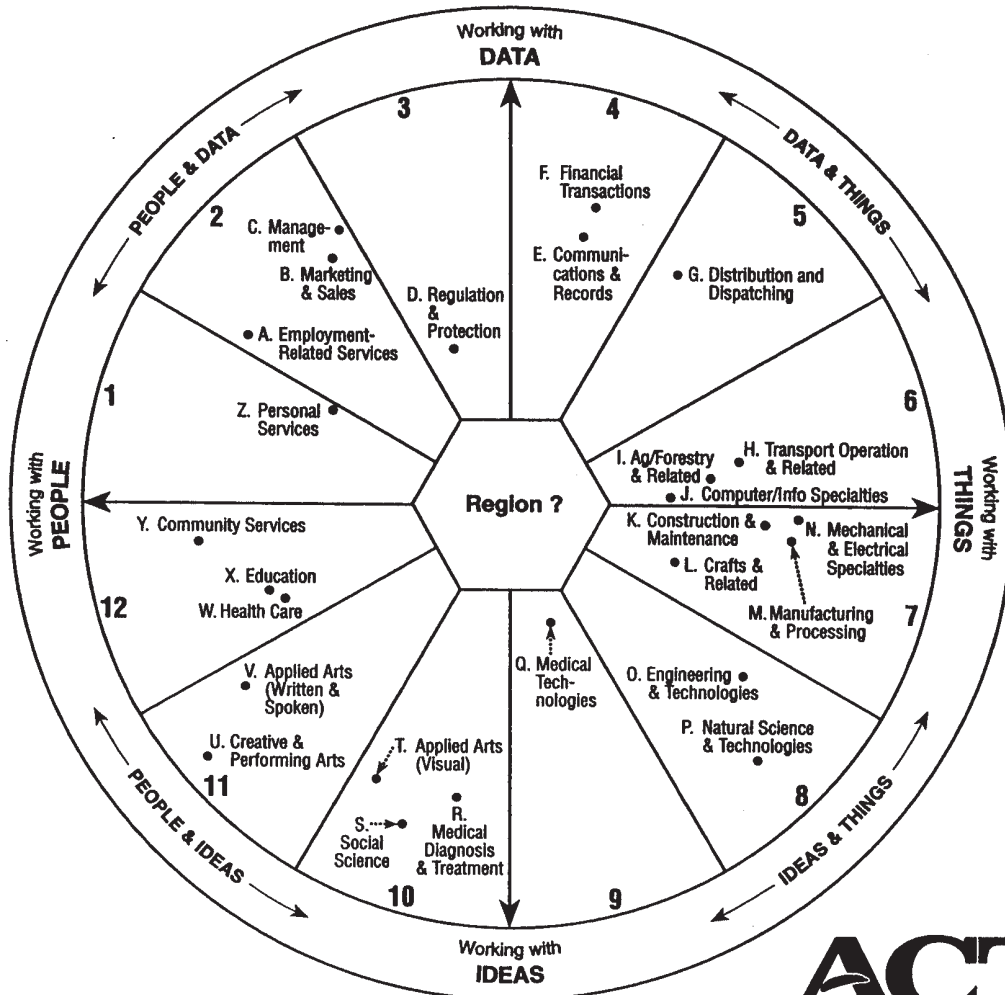
[International Baccalaureate Test Credit \[PDF\]](#)

Use the free [Adobe Acrobat Reader](#) to view and print PDFs.

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Last Updated November 8, 2004.

Exploring College Majors



About the Map

- ◆ The World-of-Work Map arranges 26 career areas (groups of similar jobs) into 12 regions. Together, the career areas cover all U.S. jobs. Most jobs in a career area are located near the point shown. However, some may be in adjacent Map regions.
- ◆ A career area's location is based on its primary work tasks. The four primary work tasks are working with –
 - DATA: Facts, numbers, files, accounts, business procedures.
 - IDEAS: Insights, theories, new ways of saying or doing something – for example, with words, equations, or music.
 - PEOPLE: People you help, serve, inform, care for, or sell things to.
 - THINGS: Machines, tools, living things, and materials such as food, wood, or metal.
- ◆ Six general types of work ("career clusters") and related Holland types (RIASEC) are shown around the edge of the Map. The overlapping career cluster arrows indicate overlap in the occupational content of adjacent career clusters.
- ◆ Because of their People rather than Things orientation, the following two career areas in the Science & Technology Cluster are located toward the left side of the Map (Region 10): Medical Diagnosis & Treatment and Social Science.

Career Clusters and Career Areas (A-Z)

Administration and Sales Career Cluster

A. EMPLOYMENT-RELATED SERVICES

Managers (Human Resources, Training/Education, Employee Benefits, etc.); Recruiter; Interviewer; Job Analyst.

B. MARKETING & SALES

Agents (Insurance, Real Estate, Travel, etc.); Buyer; Sales/Manufacturers' Representatives; Retail Salesworker; Telemarketer.

C. MANAGEMENT

Executive; Executive Secretary; Purchaser; General Managers (Financial, Office, Property, etc.); Specialty Managers (Retail Store, Hotel/Motel, Food Service, etc.). For other managers, see specialty—e.g., Social Service (Career Area Y).

D. REGULATION & PROTECTION

Inspectors (Customs, Food/Drug, etc.); Police Officer, Detective; Park Ranger; Security Manager; Guard.

Business Operations Career Cluster

E. COMMUNICATIONS & RECORDS

Receptionist; Secretary (including Legal and Medical); Court Reporter; Clerks (Order, Billing, Hotel, etc.).

F. FINANCIAL TRANSACTIONS

Accountant/Auditor; Cashier; Bank Teller; Budget/Credit Analysts; Tax Preparer; Ticket Agent.

G. DISTRIBUTION & DISPATCHING

Shipping/Receiving Clerk; Warehouse Supv.; Mail Carrier; Dispatchers (Flight, Cab, etc.); Air Traffic Controller.

Technical Career Cluster

H. TRANSPORT OPERATION & RELATED

Truck/Bus/Cab Drivers; Locomotive Engineer; Ship Captain; Aircraft Pilot; Sailor; Chauffeur.

I. AGRICULTURE, FORESTRY, & RELATED

Farmer; Nursery Manager; Pest Controller; Forester; Logger; Groundskeeper; Animal Caretaker.

J. COMPUTER & INFORMATION SPECIALTIES

Programmer; Systems Analyst; Info. Systems Manager; Computer Repairer; Desktop Publisher; Actuary.

K. CONSTRUCTION & MAINTENANCE

Carpenter; Electrician; Bricklayer; Tile Setter; Painter; Plumber; Roofer; Firefighter; Custodian.

L. CRAFTS & RELATED

Cabinetmaker; Tailor; Chef/Cook; Baker; Butcher; Jeweler; Silversmith; Hand Crafter.

M. MANUFACTURING & PROCESSING

Tool & Die Maker; Machinist; Welder; Bookbinder; Printing Press Operator; Photo Process Worker; Dry Cleaner.

N. MECHANICAL & ELECTRICAL SPECIALTIES

Mechanics/Technicians (Auto, Aircraft, Heating & AC, Electronics, Dental Lab, etc.); Repairers (Office Machine, Appliance, TV/VCR, CD Player, etc.).

Science and Technology Career Cluster

O. ENGINEERING & TECHNOLOGIES

Engineers (Aerospace, Ag, Nuclear, Civil, Computer, etc.); Technicians (Electronics, Mechanical, Laser, etc.); Surveyor; Drafter; Architect; Technical Illustrator.

P. NATURAL SCIENCE & TECHNOLOGIES

Physicist; Astronomer; Biologist; Statistician; Soil Conservationist; Food Technologist; Crime Lab Analyst.

Q. MEDICAL TECHNOLOGIES

Pharmacist; Optician; Prosthetist; Technologists (Surgical, Medical Lab, EEG, etc.); Dietitian.

R. MEDICAL DIAGNOSIS & TREATMENT

Physician; Psychiatrist; Pathologist; Dentist; Optometrist; Vet; Physical Therapist; Audiologist; Physician's Assistant.

S. SOCIAL SCIENCE

Sociologist; Experimental Psychologist; Political Scientist; Economist; Criminologist; Urban Planner.

Arts Career Cluster

T. APPLIED ARTS (VISUAL)

Artist; Graphic Artist; Photographer; Illustrator; Floral/Fashion/Interior Designers; Merchandise Displayer.

U. CREATIVE & PERFORMING ARTS

Writer/Author; Musician; Singer; Dancer; Music Composer; Movie/TV Directors; Fashion Model.

V. APPLIED ARTS (WRITTEN & SPOKEN)

Reporter; Columnist; Editor; Ad Copywriter; P. R. Specialist; TV Announcer; Librarian; Interpreter.

Social Service Career Cluster

W. HEALTH CARE

Administrator; Nurse; Occupational Therapist; Psychiatric Technician; Dental Hygienist/Assistant; Geriatric Aide.

X. EDUCATION

Administrator; Teachers & Aides (Preschool, Elementary & Secondary, Special Education, PE, etc.). For others, see specialty—e.g., Physics Teacher (Career Area P).

Y. COMMUNITY SERVICES

Social Service Director; Social Worker; Lawyer; Paralegal; Home Economist; Career Counselor; Clergy.

Z. PERSONAL SERVICES

Waiter/Waitress; Barber; Cosmetologist; Flight Attendant; Household Worker; Home Health Aide; Travel Guide.

Your Career Connection

EXAMPLES OF CAREERS RELATED TO ACADEMIC SUBJECT AREAS

English

Includes Speech

- ▲ Actor
- ★ Advertising Copywriter
- ★ College/University Faculty
- ▲ Dramatist (Playwright)
- ★ Editor
- ★ Educational Administrator
- ★ Historian
- ★ Lawyer
- ▲ Legal Assistant/Paralegal
- ★ Librarian
- ▲ Library Technician
- ▲ Movie/TV Director
- ★ Public Relations Specialist
- ▲ Radio/TV Announcer/Newscaster
- ★ Reporter/Journalist
- ★ Speech-Language Pathologist
- ★ Teacher
- ★ Technical Writer
- ▲ Writer/Author

Math

Includes Computer Science/Math

- ★ Account Executive
- ★ Accountant
- ★ Air Traffic Controller
- ★ Architect
- ★ Astronaut
- ▲ Bank Branch Manager
- ▲ Building/Construction Inspector
- ★ Buyer
- ★ College/University Faculty
- ★ Computer Network Specialist
- ★ Computer Programmer
- ★ Computer Systems Analyst
- ★ Electrical/Electronics Engineer
- ▲ Financial Services Sales Rep
- ▲ Food Service Manager
- ▲ Hotel/Motel Manager
- ★ Human Resources Manager
- ★ Industrial Designer
- ★ Insurance Claims Representative
- ★ Insurance Risk Manager
- ▲ Loan Officer/Counselor
- ★ Market Research Analyst
- ★ Mathematician
- ★ Meteorologist
- ★ Oceanographer
- ★ Physicist
- ▲ Real Estate Agent
- ▲ Retail Store Manager
- ★ Sales/Marketing Manager
- ★ Tax Accountant
- ★ Teacher
- ▲ Tool and Die Maker
- ▲ Travel Agent
- ▲ Web Site Developer

Social Studies

Includes Economics and Psychology

- ★ Anthropologist
- ★ College/University Faculty
- ★ Counselor (School/College)
- ★ Criminologist
- ★ Economist
- ★ Educational Administrator
- ★ FBI Agent
- ★ Foreign Service Officer
- ★ Geographer
- ★ Gerontologist
- ▲ Historian
- ★ Human Resources Manager
- ▲ Human Services Worker
- ★ Lawyer
- ▲ Legal Assistant/ Paralegal
- ★ Librarian
- ★ Lobbyist
- ★ Market Research Analyst
- ▲ Park Ranger
- ★ Parole Officer
- ★ Political Scientist
- ★ Private Detective/Investigator
- ★ Psychologist, Clinical
- ★ Recreation Leader
- ★ Reporter/Journalist
- ★ Social Worker
- ★ Sociologist
- ★ Teacher
- ★ Travel Guide
- ★ Urban Planner

Natural Sciences

- ▲ Aircraft Technician
- ★ Animal Scientist
- ★ Astronomer
- ★ Athletic Trainer
- ★ Biochemist
- ★ Biologist
- ★ Botanist
- ▲ Broadcast Technician
- ★ Chemist
- ★ Civil Engineer
- ★ College/University Faculty
- ▲ Dental Hygienist
- ★ Dentist
- ★ Dietitian/Nutritionist
- ★ Ecologist
- ★ Fish and Game Warden
- ★ Food and Drug Inspector
- ★ Forester
- ▲ Funeral Director
- ★ Geologist
- ★ Horticulturist
- ★ Medical Records Administrator
- ★ Medical Technologist
- ★ Meteorologist
- ▲ Nuclear Medicine Technologist
- ▲ Nurse
- ★ Occupational Therapist
- ★ Oceanographer
- ★ Optometrist
- ★ Pharmacologist
- ★ Physical Therapist
- ★ Physician
- ★ Physicist
- ★ Physiologist
- ★ Psychiatrist
- ▲ Radiographer
- ▲ Respiratory Therapist
- ★ Speech-Language Pathologist
- ★ Teacher
- ★ Veterinarian
- ★ Zoologist

Foreign Language

- ★ Archivist/Curator
- ★ College/University Faculty
- ★ Editor
- ★ FBI Agent
- ▲ Flight Attendant
- ★ Foreign Service Officer
- ★ Foreign Trade Clerk
- ▲ Interpreter
- ▲ Nurse
- ▲ Police Officer
- ★ Public Relations Specialist
- ▲ Singer
- ★ Social Worker
- ★ Teacher
- ★ Technical Writer
- ▲ Travel Agent
- ▲ Travel Guide
- ▲ Welfare Eligibility Worker

ACT Assessment National Test Dates

2004-2005	2005-2006
September 25, 2004*	September 24, 2005*
October 23, 2004	October 22, 2005
December 11, 2004	December 10, 2005
February 12, 2005**	February 11, 2006
April 9, 2005**	April 8, 2006
June 11, 2005**	June 10, 2005

* September test date is available ONLY in AZ, CA, FL, GA, IL, IN, MD, NV, NC, PA, SC, TX, and WA

**During 2004-2005, the ACT Assessment Plus Writing is available only on the February, April, and June test dates; in 2005-2006, it is available on all test dates.

Fine Arts

Includes Art, Music & Drama/Theater

- ▲ Actor
- ★ Advertising Manager
- ★ Architect
- ▲ Artist
- ▲ Cartoonist
- ★ Cinematographer
- ★ College/University Faculty
- ▲ Composer
- ▲ Dancer /Choreographer
- ▲ Dramatist (Playwright)
- ▲ Fashion Designer
- ▲ Floral Designer
- ▲ Graphic Artist (Software)
- ▲ Illustrator
- ▲ Interior Designer
- ▲ Jeweler
- ★ Landscape Architect
- ▲ Movie/TV Director
- ▲ Musician
- ▲ Photographer
- ▲ Singer
- ★ Teacher
- ▲ Video/Film Editor
- ▲ Web Site Developer

Key: ▲ 2-year or 4-year degree
★ 4-year or higher degree

ACT

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Primary Source: DISCOVER. ACT's computer-based career information and guidance system.

4. “Fit” and Finances

Financial aid is intended to make up the difference between what the family is expected to pay and the actual college costs. Discuss with your students the types and varieties of financial aid available (Activity 1.18), and then distribute a junior/senior year financial aid calendar (Activity 1.19).

To help students understand what is most important in selecting a college, have them complete the “Self-Perceptions Worksheet” (Activity 1.20). Continue to develop a “college-going” culture at your school (Activity 1.21).

Timeline

September–June: Explore types and varieties of financial aid.

December–June: Financial aid calendar; ongoing review.

Activities/Materials

Activity 1.18 “Financial Aid Facts”: This handout explains and simplifies financial aid; key terms are defined.

Teacher Information: These pages provide a good overview (in question-and-answer format) on how to begin the process of financial aid. Encourage students to access scholarships by registering at the appropriate Web sites.

Activity 1.19 “Important Dates”: A financial aid calendar for juniors and seniors.

Teacher Information: It’s not too early to remind students of important deadlines coming up during their senior year. Students can keep this calendar in the financial aid file in their “crate.”

Activity 1.20 “Self-Perceptions Worksheet”: In this activity, students choose characteristics that describe themselves (how they are now and how they would like to be seen), and also learn how others see them.

Teacher Information: This introductory activity helps students determine what type of college will be the best “fit” for them; takes one class period to complete.

Activity 1.21 “Developing a ‘College-Going’ Attitude Among High School Students”: This handout reinforces the importance of attending college and provides tips for being able to do so.

Teacher Information: A valuable resource for parents and students and a good topic for discussion in the classroom, at a parent meeting, or with the AVID panel of graduates.



Financial Aid Facts

(*from <http://www.collegeboard.com/>)

Get the Lowdown

Don't be scared away by media reports on rising college prices. Financial aid is intended to make up the difference between what your family is expected to pay and what college costs.

Fact: Over 55 percent of the students currently enrolled in a college or university are receiving some financial aid.

What exactly is financial aid?

Financial aid is any type of assistance used to pay college costs that is based on financial need. There are three main types:

1. Grants and scholarships

Also called gift aid, grants don't have to be repaid and you don't need to work to earn them. Grant aid comes from federal and state governments and from individual colleges.

2. Loans

Most financial aid comes in the form of loans—aid that must be repaid. Most need-based loans are low-interest loans sponsored by the federal government. These loans are subsidized by the government, which means no interest accrues until you begin repayment after graduation.

3. Work

Student employment and Work-Study aid helps students pay for education costs such as books and supplies and personal expenses. Work-Study is a federal program which provides students with part-time employment to help meet their financial needs and gives them work experience while serving their campuses and surrounding communities.

Fact: Nearly 60 percent of all financial aid is loans.

How do you know if you'll qualify for aid?

It depends on your financial circumstances and on the cost of the college. One of the basic premises of financial aid is that the family is expected to contribute to college costs to the extent the family is able. If that amount can't cover the cost, financial aid can help make up the difference. This concept is frequently referred to as the Expected Family Contribution, or EFC for short.

Expected Family Contribution

The EFC is determined by whomever is awarding the aid—usually the federal government or individual colleges and universities. The federal government and financial aid offices use formulas that analyze your family's financial circumstances (such as income and family size) and compare them proportionally with other families' financial circumstances.

Fact: You're likely to be asked to contribute about the same amount whether you apply to a low-cost school or a high-cost school. So, don't automatically discount colleges with higher costs.

Say your EFC is \$5,000. At a college with a total cost of \$8,000, you'd be eligible for up to \$3,000 in financial aid. At a college with a total cost of \$25,000, you'd be eligible for up to \$20,000 in aid. In other words, you'd

Important Dates

HIGH SCHOOL JUNIORS

Sept.–June Start researching your financial aid options, paying close attention to the requirements and deadlines. Check out the free search engines on the Web.

March–April Sign up to take the SAT or ACT. For a list of dates and locations, visit www.collegeboard.com and www.act.org.

May Begin to check out colleges by talking to your high school counselor, flipping through catalogs, visiting college Web sites, taking virtual tours, writing to colleges, meeting with college representatives who visit your school, and making personal visits to campuses.

Ask each college about its unique grant, scholarship, work-study and loan programs and whether it offers special tuition payment plans.

HIGH SCHOOL SENIORS

September Sign up for the SAT and ACT if you haven't taken them yet or want to take them again.

Register for the College Board's PROFILE application, if it's required by one of your independent colleges.

October Obtain an admissions packet to the University of California and the California State University at your high school counseling office, nearby campus, or online. Request admissions packets from independent colleges, career colleges, and out-of-state colleges. A number of colleges let you apply online.

Apply for a PIN at www.pin.ed.gov so you can e-sign your online FAFSA. This way, filing the FAFSA in January will be much quicker.

November Print out the Pre-Application Worksheet for FAFSA on the Web at www.fafsa.ed.gov. Or pick up the paper FAFSA.

Check to see if your school will submit your verified GPA for you electronically or whether you must mail it using the Cal Grant GPA Verification Form.

January Submit your FAFSA for federal, state, and college aid as soon as possible starting January 1. For a Cal Grant, you'll also need to submit a verified GPA.

In addition, be sure to submit any other applications required for private or college-based financial aid.

Activity 1.19 (2 of 2)

- March 2** The Cal Grant A, B and C deadline. Submit your FAFSA to the federal processor (postmarked no later than March 2), or send it electronically. Also, be sure you or your school submits your verified GPA to the California Student Aid Commission by March 2. Don't wait until the last minute!
- If any college on your list requires the FAFSA to be filed earlier than March 2 for its student aid programs, be sure to meet that earlier deadline.
- May 15** The deadline for returning your Cal Grant C Supplement form to the California Student Aid Commission.
- September 2** The second-chance deadline for Cal Grant A and B Competitive awards for students who will be enrolled in a California Community College in the fall.

This publication is provided free as a service of the California Student Aid Commission and the EdFund. To order additional copies, call 877.2EdFund or go to www.csac.ca.gov or www.edfund.org. Also available in Spanish.

Self-Perceptions Worksheet

The purpose of this exercise is to give you a chance to take a look at yourself: to get a sense of how you currently see yourself; of how you'd like to be seen; and of how others might see you. What follows is a list of words, some of which probably describe you quite well and others that probably don't fit you at all. Cut out the words and arrange them in a stack.

Exercise I

Put the card that best describes you AS YOU ARE NOW on top, the one that next best describes you immediately below it, and so on until the card that you feel is most unlike you is at the bottom. Then, copy your list on the "How I See Myself" column.

Exercise II

Mix up your stack of cards and re-arrange them so that the card on top best describes how you would like to see yourself. Follow the same procedure until the card at the bottom shows how you would least like to see yourself. Then, copy your list on the "How I Want to See Myself" column. Circle any items that are more than four spaces (lines) apart on the two tables. *Highlight the items that are the farthest apart on your first two lists.* These highlighted items might suggest some areas of yourself you want to change.

Exercise III

Now ask a friend to arrange the cards according to how he or she sees you. Once your friend has completed the process, copy this list on the "How Others See Me" column. Circle any items which have moved four or more spaces from your "How I See Myself" column.

Intelligent	Inflexible	Unreliable
Shy	Satisfied	Caring
Unique	Outgoing	Tolerant
Insecure	Confused	Honest with myself
Talkative	Friendly	Honest with others
Insincere	Mature	Excuse-maker
Nervous	Attractive	Avoid facing things
Likeable	Selfish	Hard-working
Open-minded	Conscientious	Athletic
Moody	Organized	Rebellious

Self-Perceptions Worksheet

How I See Myself	How I Want to See Myself	How Others See Me
1.	1.	1.
2.	2.	2.
3.	3.	3.
4.	4.	4.
5.	5.	5.
6.	6.	6.
7.	7.	7.
8.	8.	8.
9.	9.	9.
10.	10.	10.
11.	11.	11.
12.	12.	12.
13.	13.	13.
14.	14.	14.
15.	15.	15.
16.	16.	16.
17.	17.	17.
18.	18.	18.
19.	19.	19.
20.	20.	20.
21.	21.	21.
22.	22.	22.
23.	23.	23.
24.	24.	24.
25.	25.	25.
26.	26.	26.
27.	27.	27.
28.	28.	28.
29.	29.	29.
30.	30.	30.

Developing a “College-Going” Attitude Among High School Students

A Resource for Parents and Teachers

Messages for Students

- Everyone CAN go to college.
- Discuss with your parent(s) how to finance your postsecondary education.
- Financial aid is available; always apply.
- Continue to be prepared academically.
- Good grades allow for more options.
- Plan with your school counselor.
- Begin researching courses of study, colleges, scholarships, and other financial aid.

Successful Ideas for High School Students

- Encourage all students to visit and utilize their high school career center/counselor’s office.
- Ensure that each student takes at least one career/aptitude test.
- Avoid labeling students and targeting only those who will probably go to college; assume every student will go to college.
- Have students write essays describing their anticipated lives after high school; have them justify their statements verbally.
- Ensure every student has an opportunity to visit a college campus with classes, tours, and contact with students and faculty.
- Work with students to keep a “Going to College” log and file of information they have researched, including definitions, types of schools, details about specific schools, costs, benefits, careers, courses of study, admissions information, and financial aid facts.
- Encourage each student to become involved in a community service activity, such as visiting shut-ins, reading to the blind, delivering hot meals to the elderly, etc.
- Encourage students to regularly read for entertainment.
- Continue to limit the time spent watching and discussing TV.
- Encourage every student to engage in a healthy balance of academics, sports, performance and community activities.
- Encourage students to begin/continue study of a second language. Encourage students to keep a daily journal.
- Practice writing essays in preparation for college admissions and scholarship applications.
- Present creative problem-solving issues for students to research during school breaks.
- Establish and maintain a calendar of due dates for scholarships/other financial aid and college admissions.

Activity 1.21 (2 of 2)

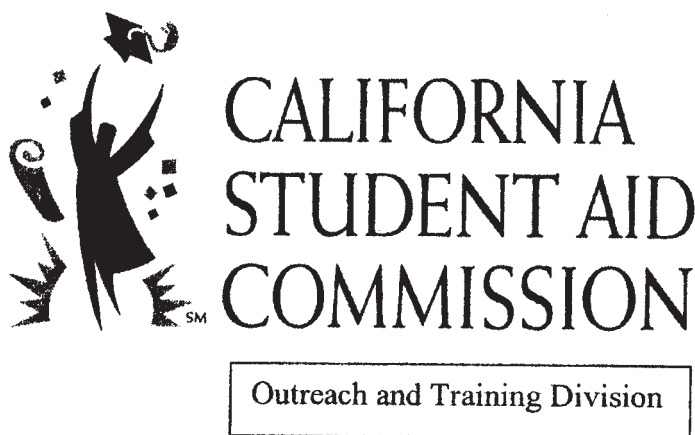
- Encourage all students to take the required courses for college.
- Encourage all students to research all types of post-secondary education with consideration of family circumstances, finances, and student grades.
- Require students to interview people in their chosen career path and write a report on their findings.
- Assist and encourage students to research local scholarships that might not be shown on Web sites.
- Assign students to interview college students and write a report on their findings (a typical college day, living in a dorm, how to manage study requirements and working).
- Ensure that each student understands the perils of living on credit cards.
- Encourage all students to take the standardized testing required for college admission and/or scholarships.
- Ensure that each student can write, deposit, or cash a check; maintain a check register; establish a budget and live by it; change a car tire; carry on a meaningful conversation with an adult; take responsibility for a young child; do their own laundry; prepare a healthy meal; scrub a bathroom; make independent decisions; conduct research on the Internet, etc.

Teacher: Download your school’s approved list of “a–g” courses at <https://pathways.ucop.edu/doorways/list/> and review with students.

California Student Aid Commission Mission Statement

“To make education beyond high school financially accessible to all Californians.”

The Commission provides students the tools necessary to begin a post-secondary education experience and financial resources to complete their education. We recognize that through educational access, students will experience a higher quality social and economic life, which is a benefit to themselves, their families, and their community.



Outreach and Training Division 916-526-8920, OTDTRAINING@csac.ca.gov

“Today (AVID) is widely regarded as one of the most effective educational reforms ever created by a classroom teacher. The results have been extraordinary.”

—Andrew Goldstein, *Time Magazine*