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Technology has continuously grown and become more advanced than anyone had originally thought it would. However, technology has also made people more disconnected with their surroundings causing them to be socially under developed. Nancy Stern declares, “the more connected we get the more disconnected we become”. Technological advances have led to advances in many fields, however they have also caused people to lose themselves within technology.

The paradox described by Stern refers to the fact that when people depend on technology and use it constantly through out the day they tend to interact less with others. While that may be true, it is impossible to deny the fact that technology has helped humans progress. It has led to the creation of new medicine that has saved the lives of millions of humans. For example a century ago, the Black Plague eradicated millions. Nowadays something like that would not happen because vaccines to prevent getting it exist, and cures also exist. Advances in science have also been possible because of technology. In this day and time people can better understand the world and how it functions, something that would not be possible with out technology.

On the other hand, technology, like stern says, has led people to disconnect with the world around them. Because of technology people don't properly learn how to interact with others, causing them to, out o frustration, further immerse themselves in technology. It eventually becomes like a never-ending cycle that may prove to be unstoppable because of the great dependence humans have on technology. Technology is a great human achievement, but it appears that it is destroying the original form of communication, talking. Hopefully one day a balance can be accomplished so that humans don't lose the ability to normally communicate.

To conclude, technology is a great achievement that humanity should be proud of, unfortunately if a balance is not found humans may lose something extremely valuable, human to human interaction.