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Technology – Dependent

People have become too dependent on technology to fulfill all aspects of life. Although it seems that people are connecting much better and more frequently, technology also possesses the power to hurt us. Columnist and author, Nancy Stern, describes the paradox between technology and our personal connections. A wall has been formed and technology has prevented us from tearing it down. I agree with Stern and assert that technology will not help us advance, but will prevent us from moving forward.

People rely on technology to communicate “faster” and more efficient. I challenge that phones and texting only help us to remain basic and that they become our memory for us. A couple of weeks back, as a punishment, my father took my cell phone and prevented me access to the internet from my laptop. During this time, whenever I needed to contact someone, I couldn’t remember any of my contacts I originally placed in my phone. I was left stranded for hours at my school until I could finally remember enough digits. Also, I had written several calendar appointments in my alarm clock. Basically, I relied on my phone too much, that without it, I was lost. Texting also prevents our writing from advancing. While texting, we abbreviate so much that our wiring is damaged. Technology weakens our skills but we also rely on it for a personal aspect that takes up time from other responsibilities.

Technology has advanced so much that people have started using it for romantic and other social purposes. Nowadays, we have programs and websites like Facebook, Twitter, Skype, Chat Roulette, Match.com, and Zoosk. Websites like Match.com and Zoosk are supposed to make dating and meeting new people better. It is sad to see that technology is now our method of finding our soul-mate. There are sites that basically use surveys to find our loved ones and now, according to Match.com’s commercial, “one in five relationships start on the internet”. Other websites for social networking are Facebook and Twitter, which are used mostly for connecting with friends and family. These types of websites have been known to cause danger to teenagers because of meeting strangers or predators online. People have relied so much on technology that they’re too lazy to go out and meet up with people face – to – face.

Technology is our crutch in every aspect of life. This out-of-control “habit” needs to end because it hasn’t proved to have beneficial outcomes. It’s not smart to be too dependent on the technology that surrounds us. People need to do some things for themselves.