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Technology – Good or Bad?

As Nancy Stern has stated, the more connected we get through technology, the more disconnected we become. I believe that she is saying that we focus more on technology than life itself. It can really disconnect people from the things that are happening around them. In my opinion, I mostly agree with this statement, but I disagree in some aspects.

To start, anyone can get obsessed over technology. For example, Facebook is a huge site with people from all over the world. It is used every second of the day. It enables you to connect with friends and family. You can also meet new people. Now, with the internet on our phones and laptops, it is possible to use it more than with just our computers. With this said, people can get obsessed with it easily.

Next, getting obsessed can cause you to miss out on things in reality. In the store, have you ever seen people constantly use their phones? This is an example on missing out on things. When you constantly text message, you can become oblivious to the world. If you are not paying attention, you can hit a pole or something similar.

However, this can also result in something good. There are many reasons why technology is good, yet there are many reasons why it is not. When it comes to texting constantly, cheating on tests, and becoming obsessed, it is bad. It can really take away all the values in life and special moments. When it comes to connecting with a far away friend, meeting new people, and getting help on homework, it is good. I think that people should limit themselves to technology so they do not become “couch potatoes”. People should appreciate the natural things in life as well.