



ERMHS Services



Definition

- ERMHS – Educationally Related Mental Health Services



Who may receive ERMHS services?

- Any student with an IEP
- Not limited to ED
- Services must be linked to a mental health need – can be an internalizing or an externalizing behavior
- Must be educationally related



Requirements for reimbursable ERMHS services



Assessment

- School psychologist should assess in this area
- Some data should demonstrate the mental health need
- Clearly described on Present Levels of Performance



IEP Requirements

- Mental Health need documented
- Mental Health goal written
- Appropriate Service included



Allowable Services

- 510 Individual Counseling
- 515 Counseling and Guidance
- 520 Parent Counseling
- 525 Social Work Services
- 530 Psychological Services
- 535 Behavior Intervention Services



Other allowable costs

- Assessment (mental health related)
- Administrative costs
- Planning and consulting with other staff members
- Board and care for RTC



Determine who will deliver that service

- Staff
- Non-public agency
- School psychologist
- Behavior specialist
- Counselor
- MFT



Scenario 1

- Student A is eligible as Emotionally Disturbed. Student is receiving individual and group counseling for his aggressive personality. There is appropriate assessment, a social-emotional need established on the present levels of performance, and a goal.



Answer

- The individual and group counseling, as well as the cost of assessment, and administrative costs, are ERMHS allowable.



Scenario 2

- Student B is eligible as Learning Disabled. The student is frequently defiant of staff and has received numerous referrals. The student is receiving weekly group counseling to improve his behavior with respect to the frequent defiant actions.



Answer

- Not ERMHS allowable
- What more is needed?



Scenario 3

- Student C is eligible as Autistic. The student is mainstreamed for all classes, and is pulled out for weekly social skills training by a counselor.



Answer

- The counseling is NOT ERMHS allowable.



Scenario 4

- Student D is eligible as Speech/Language Impaired. Student engages in self-harm behaviors periodically and appears to be often anxious and depressed. No assessment in this area has been done. Student receives weekly counseling sessions to help with coping and avoiding the self harm behaviors.



Answer

- The counseling is NOT ERMHS allowable.
- What more is needed?



Scenario 5

- Student E is eligible as Learning Disabled. The student frequently appears withdrawn and sad, and has missed school on a weekly basis. The school psychologist has done some assessment, including the CANS, and shown a mental health need, reflected on the IEP. There is also a social emotional goal and individual counseling, provided on campus, by an MFT hired by the school.



Answer

- ERMHS allowable.