

## **COMMUNITY RESOURCES – Sonoma County, CA**

### **Parenting/Family Support**

- **California Parenting Institute :**  
**Phone:** (707) 585-6108 **WARMLINE:** (707) 544-WARM  
*www.calparents.org*  
*Parenting classes, children groups and parent support.*
- **CARE Children’s Counseling Center:**  
**Phone:** (707) 575-9166  
*www.carechildren.org*  
*Sliding scale counseling and parenting support.*
- **Family Service Agency:**  
**Phone:** (707) 545-4551  
*www.familyservicesonoma.org*  
*Sliding scale counseling for youth, families, adults, and couples.*
- **Jewish Family and Children’s Services :**  
**Phone:** (707) 571-8131  
*http://jfcs.org*  
*Various family supports, call for more information.*
- **LOMI Psychotherapy Clinic:**  
**Phone:** (707) 579-0465  
*www.lomi.org*  
*Sliding scale counseling for youth, families, adults, and couples.*
- **Social Advocates for Youth**  
**Phone:** (707) 544-3299  
*www.socialadvocatesforyouth.org*  
*Crisis intervention for youth, sliding scale and Medi-cal counseling for youth and families.*
- **Verity (formerly United Against Sexual Assault):**  
**Phone:** (707) 545-7270  
*www.ourverity.org*  
*Assault prevention, intervention, support groups, and education for children, and adults.*

- **West County Community Services:**  
**Phone:** (707) 829-5717  
*www.westcountyservices.org*  
*Various family, individual, and child supports. Medi-cal and sliding scale counseling.*

## **Legal**

- **Sonoma County Victim Assistance Program:**  
**Phone:** (707) 565-8250  
*www.sonomacounty.org/DA/victimassistance.htm*
- **Sonoma County Legal Aid:**  
**Phone:** (707) 542-1290  
*www.sonomacountylawlibrary.org/legalaide.htm*

## **Emergency/Crisis**

- **Adult Protective Services (for adults with disabilities and elderly):**  
**Phone:** (707) 565-5940
- **Child Protective Services:**  
**Phone:** (707) 565-4304
- **Law Enforcement – Emergency, from your home phone call 911, from your cell phone call the local law enforcement:**
  - **Cotati Police Department**  
**Phone:** (707) 792-4611
  - **Healdsburg Police Department**  
**Phone:** (707) 431-3377
  - **Petaluma Police Department**  
**Phone:** (707) 762-2727
  - **Rohnert Park Police Department**  
**Phone:** (707) 584-2600
  - **Santa Rosa Police Department**  
**Phone:** (707) 528-5222
  - **Sebastopol Police Department**  
**Phone:** (707) 829-4400
  - **Windsor/Sonoma – Sonoma County Sheriff’s Department**  
**Phone:** (707) 565-2121

- **Verity (Sonoma County's Rape Crisis Center)**  
**24-hour Hotline:** (707) 545-7273  
*Assault prevention, intervention, support groups, and education for children and adults.*
- **YWCA Women's Emergency Shelter & Counseling Program**  
**24-hour Hotline:** (707) 546-1234  
*Counseling and shelter for battered women and children.*

### **Special Needs**

- **Matrix Parent Network and Resource Center**  
**Phone:** (800) 578-2592  
[www.matrixparents.org](http://www.matrixparents.org)  
*To empower families of children with special needs to successfully understand and access the systems that serve them.*
- **North Bay Regional Center (Sonoma County) :**  
**Phone:** (707) 569-2000  
[www.nbrc.net](http://www.nbrc.net)  
*Provides diagnostic, intervention, and support to persons with developmental disabilities.*
- **Family Resource and Advocacy Center**  
**Phone:** (707) 524-6600  
<http://becomingindependent.org/frac3.htm>  
*Supports and resources to families and children under the age of 22 with developmental disabilities.*

### **Additional Resource:**

- **<http://www.211wc.org/>**  
*We can help you find food, housing, health care, senior services, childcare, legal aid and much more.*