Parenting/Family Support

- **California Parenting Institute:**
  Phone: (707) 585-6108  WARMLINE: (707) 544-WARM
  www.calparents.org
  Parenting classes, children groups and parent support.

- **CARE Children’s Counseling Center:**
  Phone: (707) 575-9166
  www.carechildren.org
  Sliding scale counseling and parenting support.

- **Family Service Agency:**
  Phone: (707) 545-4551
  www.familyservicesonoma.org
  Sliding scale counseling for youth, families, adults, and couples.

- **Jewish Family and Children’s Services:**
  Phone: (707) 571-8131
  http://jfcs.org
  Various family supports, call for more information.

- **LOMI Psychotherapy Clinic:**
  Phone: (707) 579-0465
  www.lomi.org
  Sliding scale counseling for youth, families, adults, and couples.

- **Social Advocates for Youth**
  Phone: (707) 544-3299
  www.socialadvocatesforyouth.org
  Crisis intervention for youth, sliding scale and Medi-cal counseling for youth and families.

- **Verity (formerly United Against Sexual Assault):**
  Phone: (707) 545-7270
  www.ourverity.org
  Assault prevention, intervention, support groups, and education for children, and adults.
- **West County Community Services:**
  Phone: (707) 829-5717
  www.westcountyservices.org
  Various family, individual, and child supports. Medi-cal and sliding scale counseling.

**Legal**

- **Sonoma County Victim Assistance Program:**
  Phone: (707) 565-8250
  www.sonomacounty.org/DA/victimassistance.htm

- **Sonoma County Legal Aid:**
  Phone: (707) 542-1290
  www.sonomacountylawlibrary.org/legalaide.htm

**Emergency/Crisis**

- **Adult Protective Services (for adults with disabilities and elderly):**
  Phone: (707) 565-5940

- **Child Protective Services:**
  Phone: (707) 565-4304

- **Law Enforcement – Emergency, from your home phone call 911, from your cell phone call the local law enforcement:**
  - Cotati Police Department
    Phone: (707) 792-4611
  - Healdsburg Police Department
    Phone: (707) 431-3377
  - Petaluma Police Department
    Phone: (707) 762-2727
  - Rohnert Park Police Department
    Phone: (707) 584-2600
  - Santa Rosa Police Department
    Phone: (707) 528-5222
  - Sebastopol Police Department
    Phone: (707) 829-4400
  - Windsor/Sonoma – Sonoma County Sheriff’s Department
    Phone: (707) 565-2121
• **Verity (Sonoma County's Rape Crisis Center)**
  24-hour Hotline: (707) 545-7273
  Assault prevention, intervention, support groups, and education for children and adults.

• **YWCA Women’s Emergency Shelter & Counseling Program**
  24-hour Hotline: (707) 546-1234
  Counseling and shelter for battered women and children.

**Special Needs**

• **Matrix Parent Network and Resource Center**
  Phone: (800) 578-2592
  www.matrixparents.org
  To empower families of children with special needs to successfully understand and access the systems that serve them.

• **North Bay Regional Center (Sonoma County) :**
  Phone: (707) 569-2000
  www.nbrc.net
  Provides diagnostic, intervention, and support to persons with developmental disabilities.

• **Family Resource and Advocacy Center**
  Phone: (707) 524-6600
  http://becomingindependent.org/frac3.htm
  Supports and resources to families and children under the age of 22 with developmental disabilities.

**Additional Resource:**

• [http://www.211wc.org/](http://www.211wc.org/)
  We can help you find food, housing, health care, senior services, childcare, legal aid and much more.